

ResU Alumni @ work.

*Making a difference in more ways,
for more people, than ever before.*

Ibrahim '16, HIM

One year ago, we launched our “It’s amazing to be needed” advertising campaign. We are delighted to continue featuring our students, alumni and faculty in and around the city of Chicago - on buses, trains, and billboards along major thoroughfares and in the communities where we live. I even found myself in the spotlight of the campaign this summer when my staff surprised me with a billboard displayed in my hometown of Beverly, featuring my photo!



Every week, someone sees one of us in an ad, and sends it to us, sharing the excitement and pride, not only for the colleague featured in the ad, but also for ResU. It reinforces what we already knew about the true sense of community we have at ResU, and just how proud we all are to be a part of this great institution.

This same sense of community united us at our beginning in 1914— and it continues to unite us now – as a thriving university with two colleges, undergraduate and graduate programs, over 130 full-time faculty and staff, and 1200 students.

A well-known growth principle for any organization, is “change or be changed.” With this in mind, we have ambitious goals that include exploring new ways to deliver higher education by exceeding the demands of dynamic learners; revolutionizing learning; and transforming lives.

You’ll see pieces of these goals reflected throughout this issue of Reflections – in the way we’re delivering education by adding technology such as the Anatomage tables, which enhance visual learning through 3D anatomy. Or through new faculty training to integrate evidence-based teaching practices for student success. And through community-focused initiatives, including the launch of our new Thinking Out Loud podcast.

Also in this issue, you’ll learn about the exciting career avenues of some of our alumni who have entered the workforce prepared to take on unique roles throughout the healthcare system.

It truly is “amazing to be needed” and we don’t take it lightly. We know our students and alumni are an integral part of the Midwest and beyond, and we will continue to forge ahead. I always say “ResU is a 105-year-old start-up” because we’ve been able to stand the test of time, and continue to adapt and embrace change. As we reflect on how far we’ve come and prepare to embark on this new journey, I believe there’s no limit to what ResU can do in the future.

Therese A. Scanlan, EdD
President, Resurrection University

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RESURRECTION UNIVERSITY

NURSING & HEALTH SCIENCES

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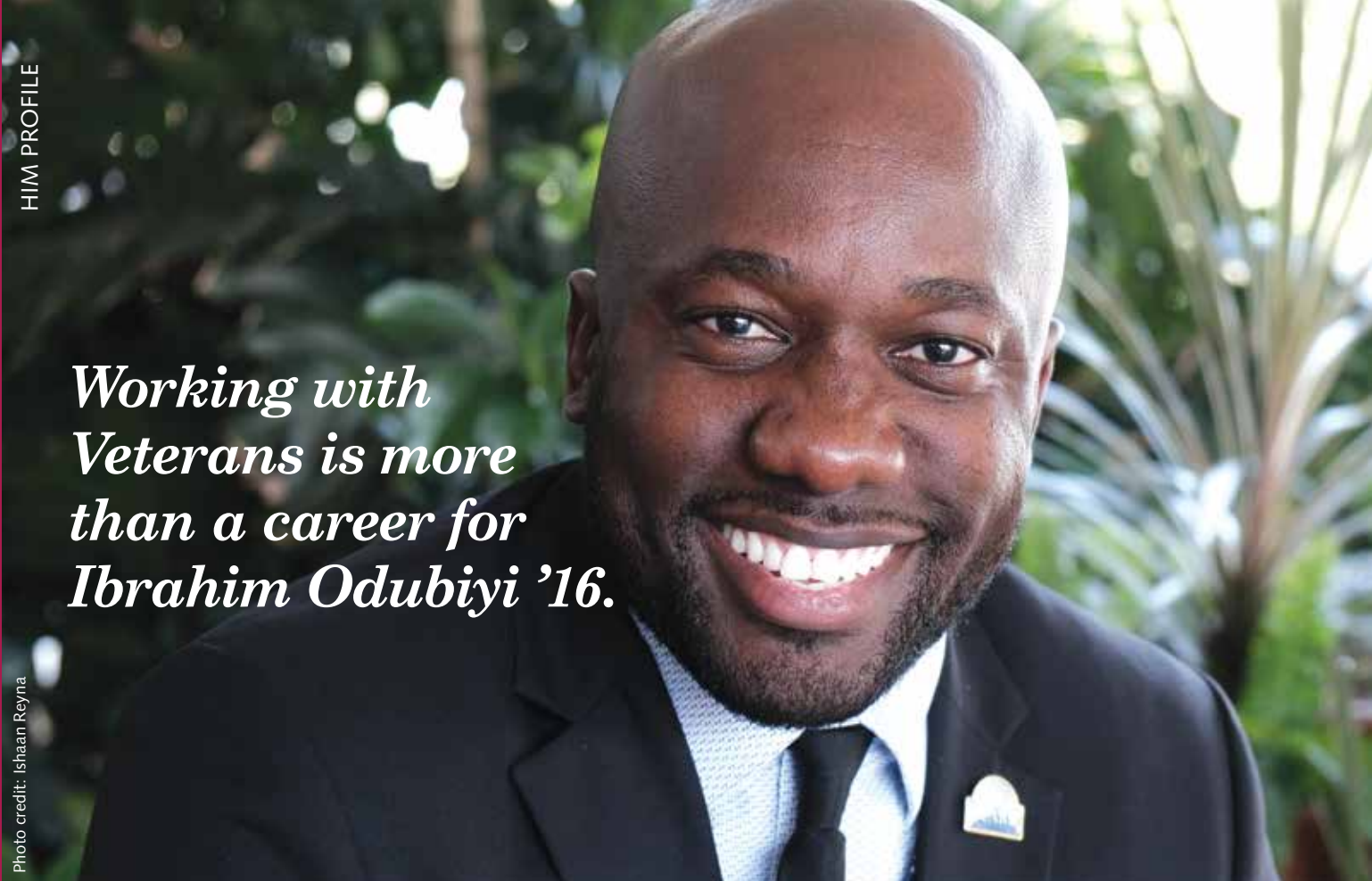
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A close-up portrait of Ibrahim Odubiyi '16, a Black man with a short beard and mustache, smiling warmly at the camera. He is wearing a dark suit jacket, a light blue patterned shirt, and a dark tie. A small, circular pin is visible on his left lapel. The background is a soft-focus outdoor setting with green foliage and a hint of a building.

Working with Veterans is more than a career for Ibrahim Odubiyi '16.

Photo credit: Ishaan Reyna

For Ibrahim, joining the Veterans Administration was an easy choice. “It gives me the opportunity to serve those who put their lives on the line to protect our nation,” he explained. “There are lots of opportunities for Health Information Management professionals; you can work and be successful almost anywhere, but the VA is so rewarding in so many ways, I knew it was where I wanted to build my career.”

Ibrahim first became interested in Health Information Management (HIM) thanks to his wife. “My wife is a nurse and told me there are other fields in healthcare that don’t require direct patient care. I did some research about the Health Information Management field at one of the City Colleges of Chicago and also was advised to look into AHIMA [American Health Information Management Association] for more information. I attended Truman College, St. Augustine College and Oakton Community College for my pre-requisites and then I found out about Resurrection University. The rest is history.”

Ibrahim joined the VA after graduating from ResU in 2016. “It took about four months to get the paperwork, clearance and security. I was offered a position as a Medical Records Administrator (MRA) and the office/hospital was in Augusta, Maine, which is a very rural community.” Ibrahim explains, “The VA is the only Federal Agency that offers a Career Program to Health Information Management professionals. This program offers two years of training in Health Information Management under the guidance of an experienced preceptor. You receive salary/benefits and also travel to different sites.”

"I was fortunate to be accepted into the program. Not every candidate makes it. The VA can assign you to any location in the country and it may not be the location of your choice. I was transferred to Maine for my training. I had never been to Maine and it was brutal for me although I was coming from Chicago, but I learned a lot and that set the platform for me to work at any VA facility in the United States. After you complete the two-year training program you can choose the VA location you want."

"A lot of people were looking at me like I was crazy when I said I was going to Maine to work for the VA but it's all worth it in the end. Now I work at the VA Medical Center in Los Angeles and my family really enjoys the beautiful sunny LA weather."

Ibrahim added, "If you're looking for a HIM career that allows you to help veterans, the VA is a great choice. We're the nation's largest healthcare system. I have the opportunity to live and work anywhere and wherever life may lead me. I have the opportunity to explore new areas of career development anywhere within the VA to grow my skills and advance my career. And the benefits of working for the VA are second to none."



"I have the opportunity to explore new areas of career development anywhere within the VA to grow my skills and advance my career."





*As the “eyes of care,”
Ajla '18 is ready for
anything.*

Working in a Level I Trauma Center isn't for everyone. Just ask Ajla Karastanovic '18. “You have to find your fit. I started at Ann & Robert H. Lurie Children's Hospital of Chicago and wanted to move forward. I found my place at the University of Chicago's Level 1 Trauma Center.”

“Doctors can't diagnose without us. The images we capture are vital to success.”

Building a career in radiography gives you a lot of options. “At ResU I experienced many different clinical sites, it was super hands-on.” Ajla continued, “I knew Trauma was where I wanted to be because I wanted to be challenged, I wanted to keep learning. In Trauma, we're the first line of defense – we are the eyes of care.”

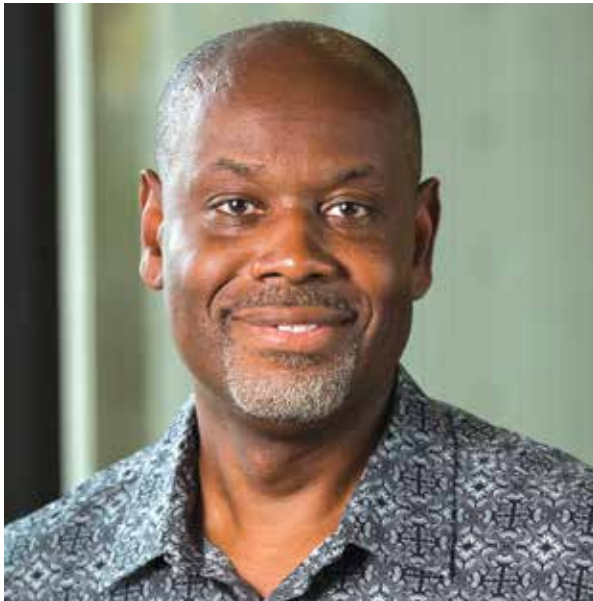
According to Ajla, “You really have to be ready for anything. You never know what's coming through the door so you have to be at your best because every second counts. We deal with a lot of gunshot wounds

at U of C. We're the first ones. Doctors can't diagnose without us. The images we capture are vital to success.”

What's it like to work in a Level I Trauma Center? Ajla describes a typical case: “We will get paged to the Trauma Bay. Before anything is done, the patient gets assessed by the Trauma team. You have to be able to handle stress. Emotions are high. It's just part of the job. The lead Trauma surgeon will order X-rays as needed and we'll have to squeeze our way in to get equipment underneath the patient. The doctor needs to see pictures fast – we have about 10 seconds to get it right and second chances equal more time wasted. We're the eyes of the doctors. A lot of people are counting on you and it's an amazing feeling to make a difference.”

A career in a Level I Trauma Center may not be for everyone, but fortunately for thousands of patients, it's the perfect fit for Ajla.

Law Enforcement or Nursing career? Fortunately for Fount Hankle '16, "All of the above" was an option.



Who says you can't have it all? Fount Hankle '16 built an amazing career in law enforcement, retired, earned his nursing degree, then started an amazing career in nursing.

That's when things really got interesting.

The Department of Homeland Security (DHS) asked Fount to return to work and take a position as a Special Agent. At first, his role was part-time, so his brand-new nursing career – a life-long dream – wasn't affected. But then, DHS asked him to make the move to a full-time position.

After waiting 25 years, it looked like Fount would have to give up his nursing career just when it was getting started. But where most people would see an obstacle, Fount saw an opportunity – times two.

Fount says he "always had a passion for nursing," but when he graduated from high school, he just wasn't financially ready for more school, so he joined the Army. After serving his country, nursing remained a dream that was still a little out of reach. According to Fount, "It was just easier to go into law enforcement after the Army. If I hadn't gone into law enforcement, I would have been a nurse all along."

For the next 25 years, Fount served in "lots of different agencies" and says that he "'did it all' in law enforcement." He was a police officer for the city of Markham. He was a U.S. Marshall. He worked in the Office of Special Investigations for the Air Force Reserve. He worked undercover during narcotics operations. Finally, he joined DHS where he retired as Special Agent in Charge, Office of the Inspector General.

Throughout his law enforcement career, Fount wondered if he would ever get the opportunity to pursue nursing. "You have responsibilities and the years just slip by," he explained. "I already had a Master's degree in Public Administration and a Bachelor's degree in Criminal Justice and caring for people had been part of my life for as long as I can remember. I just wondered if nursing would be the one dream that never happened for me. When I retired from law enforcement, I saw the opportunity to become a nurse and I took it."

At the age of 48, Fount began the Bachelor of Science in Nursing program at ResU. After graduating he joined Franciscan St. James Hospital and today he works in the Med/Surg Telemetry Oncology Unit. "I know that I may not be able to cure you, but I can provide the best level of care ... I can make a difference. Nursing has been everything I hoped it would be. Best of all, being a nurse gives me incredible flexibility so when I returned to DHS, I was actually able to do both jobs."

According to Fount, "Law enforcement and nursing aren't that far apart. You connect with people when they need you most and you help them. My entire career has been all about helping people."

It seems nursing has become a family affair – Fount's daughter is a nurse at St. James and his niece is pursuing her nursing degree at Resurrection University. Fount has one piece of advice for anyone at any stage in their career: "Always pursue your dreams. It's the best move you'll ever make!"

Celebrating the amazing life and legacy of Lorraine (Haig) Keener '47.



When Lorraine came to West Suburban Hospital School of Nursing toward the end of World War II, she knew she was making a significant professional move. What she didn't know is she would also find a family – and a place to call home.

Born in 1924 in Dwight, Illinois, Lorraine left behind an unhappy childhood when she moved to Oak Park as a teenager. Working as a live-in maid and nanny during high school, she entered West Suburban Hospital School of Nursing as soon as she graduated. Among the many people she met there were Elaine Fila and Mary Keener, fellow nursing students who would become lifelong friends.

Lorraine was a career nurse. Elaine moved into teaching at DePaul, where she co-wrote *Community Health Nursing*. Mary served as a nurse until she had children. Through the years, they remained close friends and, as it turned out, it was one of Mary's children, Fred, who cared for Lorraine at the end of her life. And it was Fred who shared Lorraine's remarkable story with us.

Lorraine was an amazing nurse from humble beginnings who was so moved by and so committed to the relationships she formed at West Suburban, that she left a gift to ResU in her will.

Even though the university changed its name and moved from Oak Park to Chicago, Lorraine never forgot the role nursing school played in her life. Always aware of other individuals with stories similar to her own, she wanted to ensure that students from disadvantaged backgrounds had the same opportunities she had to build a career and a new life, and to establish lifelong relationships of support and friendship.

Thanks to Lorraine's gift to ResU, future generations of student nurses in need will have the opportunity to receive financial support as they pursue their degrees.

We are so grateful to Lorraine, whose gift will provide vital assistance to students in need. As we celebrate her life and her generosity, we also celebrate the memory of these three devoted friends who serve as a shining example to the next generation of the university family they called their own.



To balance military and school responsibilities, William Fleischer '19 needed the help of a "Patriot."

William has never been someone who backs down from a challenge. That's one of the reasons he joined the Air Force Reserve. But when it came time to pursue his MSN at Resurrection University, balancing military and school responsibilities was almost too much to handle.

Fortunately, William spoke to Dr. Melissa Murphey, Assistant Dean, Graduate Programs in the College of Nursing, and an Assistant Professor, College of Nursing.

William explains, "I would have to fly out of state for long periods of time to fulfill my unit obligations and I was in several situations where I couldn't attend classes or clinical rotations because of my military obligations. I approached Dr. Murphey with these issues and challenges and, right from the start, she was willing to hear me out."

"Being in the military, you hear people thanking you for your service and that's fantastic, but this was one time where I needed someone to go way beyond saying 'thank you.' Dr. Murphey put her words into action and worked with my professors to find a way to keep me in the program. She actually helped me fulfill class obligations and complete clinicals by working with providers where I was located."



William continued, "It was incredible on her part and I really wanted to let her know just how much I appreciated her efforts. I didn't want to just say 'thanks' so I wrote up a justification and submitted Dr. Murphey for the Department of Defense Patriot Award for Employer Support of the Guard and Reserve."

"The Patriot Award reflects the efforts made to support citizen warriors through a wide range of measures including flexible schedules, time off prior to and after deployment, caring for families, and granting leaves of absence if needed."

After graduation, William wants to continue his career in nursing and in the Reserve. He wants to "give back to the next generation of nurses," and he's recently started doing so as an Instructor in the College of Nursing at ResU this Fall.

William surprised Dr. Murphey when he presented her with the Department of Defense Patriot Award on Friday, August 16, at the undergraduate pinning ceremony for the Summer graduates.

Two new Anatamage Virtual Dissection Tables enhance visual learning.



In March 2019, ResU obtained two new Anatamage Virtual Dissection Tables. The tables were purchased with a generous donation from the Foglia Family Foundation and will help enhance the visual learning of nursing and radiography students.

The Anatamage Table is the only fully-segmented, real human 3D anatomy system. Users can visualize anatomy exactly as they would on a cadaver. Individual structures are reconstructed in accurate 3D, resulting in an unprecedented level of real accurate anatomy, dissectible in 3D. The table allows for exploration and learning of human anatomy beyond what any cadaver could offer.

The University developed an Anatamage Task Force composed of faculty and staff, who began piloting the use of the tables in the Spring. Further implementation of the tables into course curriculum began in the Summer Semester of 2019, beginning with undergraduate and graduate nursing programs, and undergraduate radiography programs.

To learn more about Anatamage Tables visit anatamage.com.

Founders' Week welcomes a new ResU mascot.

ResU celebrated Founders' Week by welcoming an important new member to the Resurrection University team: A new mascot who represents the spirit of ResU!

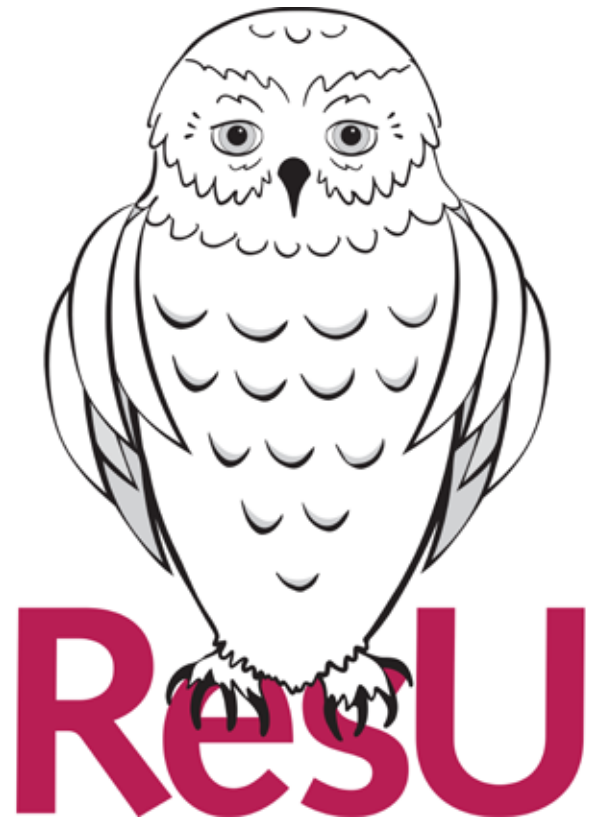
ResU's mascot is a Snowy Owl.

2019 marked the 105th anniversary of the College of Nursing. While much has changed over the years, it is what hasn't changed - the wisdom of faculty, staff, students and leaders - that has characterized ResU's legacy since its founding as the West Suburban Hospital School for Nurses in 1914.

Because of the significance of our new owl mascot and what the mascot means in light of ResU's legacy, leaders at ResU were looking for a way to incorporate the campus community in welcoming this landmark addition. So we decided to let faculty, staff and students vote to give our new mascot a name!

Over the course of Founders' Week, more than 550 votes were cast on the Resurrection University website for mascot names ranging from Ressie and Nightingale, to Owlle McOwlface and Wilhelm Conrad Wootengen! After all votes were cast, "Ollie" was selected as the name of ResU's new mascot.

We are excited to welcome this new addition to Resurrection University and look forward to all of the ways Ollie the Owl will reflect the spirit of wisdom, caring, determination and excellence found in every person who walks the halls of Resurrection University.



Beyond the bedside: Careers in nursing are more diverse than ever.

With demand for nurses higher than ever, new doors are opening, new opportunities are available and new possibilities are being created – faster than ever.

To show just how diverse career options really are for nurses, we interviewed four ResU alumni to learn more about how they're taking their nursing careers in bold new directions.

Here's what they told us.

Nastassja Williams '14 became the first Nurse Practitioner at Northwestern's Gastroenterology Group.



"My mother is a registered nurse, which initially sparked my interest in healthcare. When I was 17, I became a mom myself and I knew I wanted to build a great future for my daughter, so I chose

nursing. I went to Truman College for my associate degree. It was a challenge – working, going to school, raising a daughter.

After I graduated from Truman, I went to work at Presence Health (now AMITA Health). I worked Med/Surg, Telemetry, Float Pool, Home Health and Med/Surg ICU. Through that process I fell in love with nursing. What started out as a job turned into my passion. I wanted to keep growing in my career, so I earned my BSN from Benedictine University. Deep down, I knew that I wanted to challenge myself and take nursing to the next level by becoming a provider.

I became interested in GI while working for a gastroenterologist. He constantly encouraged me to get my Master's and saw the potential in me even when I did not. For that I am forever grateful. So, I decided to attend ResU because it was the partner school with the institution I worked for. People told me becoming a Nurse Practitioner would be challenging and come with a whole new set of responsibilities but that it would be worth it and very rewarding. As it turned out, they were right. I focused on Family Practice (FNP) because I like the diversity of patients.

Then Northwestern called me for an interview. I have to admit: I was scared. I was worried that specializing would limit my options in the future or that I would lose the skills I had learned as an FNP. However, I knew deep down that gastroenterology was my passion. My husband and nursing mentor encouraged me to talk to them. I accepted the job and it turned out to be the most pivotal point in my career.

At Northwestern I became the first Nurse Practitioner in their General Gastroenterology Group. The biggest change was becoming a provider and working

outpatient – I had always worked at the bedside as a nurse. Assessment, diagnosis and coming up with a treatment plan was a totally new world for me. As a provider, you're responsible for all aspects of patient care. A nurse's scope of practice is completely different from a nurse practitioner's. It can be a little scary when you are responsible for making all the decisions.

When I started at Northwestern, I was in uncharted territory. I had to make my own orientation; I had to introduce myself to doctors; and, most important of all, I had to determine how I could add value. One of the obstacles was being seen as a provider and not as a nurse. The majority of patients are familiar with the term nurse practitioner but are unsure what their role truly is. The big question is: 'What is the difference between you and a doctor?' The answer? The biggest difference is education and length of residency. However, we both have to become board certified by our accrediting agencies. The physicians I work with are phenomenal. They are so supportive of my role and see me as their equal counterpart. I feel blessed because the moment I came in, they were welcoming, excited to have me and receptive.

My nursing degree helped me create the career I always wanted."

Grace Garcia '10 moved from bedside nursing to become a Quality leader.

"I'm honored to be a ResU Alumna. After graduation, I became a Progressive Care RN at St. Mary of Nazareth



Hospital. One day, ResU was offering a class to become an Epic instructor, which led me to take on an entirely different role as an Informatics Specialist that facilitated five out of six Epic go lives at

Presence Health (now AMITA Health). I became the Team Lead for my unit and was often requested to collaborate on patient safety and quality improvement efforts.

Because of that, my interest in informatics and quality improvement led me to a Managed Care Organization – Community Care Alliance of Illinois – where I worked as the Manager of Quality. It had a start-up culture, very different from the hospital side, and a great opportunity to learn. I developed programs, led audits, and advanced efficiency within care management and operations departments. I obtained a Master's in Health Administration and Informatics to advance my knowledge in the field.

When I made the switch to go into Quality and Health Administration, so many of my clinical colleagues asked me, "why did you go to the 'dark side?'" In my own personal experience, as a nurse, I would see a workflow problem and I would want to fix it, but I couldn't always make changes from where I was standing. It was frustrating to me and I wasn't alone. These patient safety and process gaps weigh down clinicians too – people weren't happy. Making the move to Quality gave me the chance to make care safer, faster and better for my colleagues, patients and our communities.

My continued interest in quality and evidence-based approaches led me to Northwestern Medicine where I concentrate my efforts on quality improvement, patient safety, project management and data management. At Northwestern, I've built measures and programs from the ground up in partnership with amazing clinicians, researchers and business teams to scale and spread interventions that help a lot of people. During this time, I obtained a certification in Health Innovation and Implementation Science at Indiana University School of Medicine to enhance my knowledge in bringing the bookshelves to the bedside and beyond. It was a significant opportunity that opened my eyes to even greater possibilities to contribute my skills and passion to a meaningful cause.

Quality has the ability to change healthcare delivery and outcomes for everyone, so I'm glad to see more nurses moving into this field.

Transforming my entire career started with taking a single class. If you want to get involved with quality and innovation, there are opportunities everywhere. You just have to want it and jump in.

Cindy Park '14 made the move to nursing and just kept on moving.



I started my career as a Pharmaceutical Rep., but it just wasn't for me. I'm a devout Christian and felt a calling to become a nurse. I had an even stronger calling to serve a small community, and it turned out that's exactly what I ended up doing.

After I graduated from ResU, I started my nursing career in the Cardiac Telemetry Unit at Presence St. Joseph (now AMITA Health). That's where a co-worker introduced me to travel nursing. You don't think about travel nursing as a career option when you're graduating. You really just want to pass the NCLEX. I didn't know anything about travel nursing, but I just took the time to look into it. The more I learned about it, the more I thought it was the right fit for me. So, after about a year and a half at St. Joseph's, I sold my condo in downtown Chicago and became a travel nurse. I just wanted to get away from the hustle and bustle. My first choice was Alaska, but the agency told me to start slow. So, I moved to Colorado.

It was amazing.

I spent 10 months in Colorado – one assignment east of the Rockies and one west. Lots of hiking and biking. My dog really loved the hiking. After my assignments ended, I came back to Chicago and almost instantly, I missed the mountains – that, and I'm not a Chicago winter fan.

My next move was to Oregon where I spent 18 months in a variety of roles. Then, I decided to stop doing travel for a while. Each assignment was 13 weeks, so it was hard to make connections. I was looking for something longer term and applied all over the country. I had offers in California, Colorado and Alaska.

Naturally, I chose Alaska.

I agreed to work at Southeast Alaska Health Consortium (SEARHC) Hospital in Sitka, Alaska. I packed up my dog and my SUV and started driving north. It's been incredible. I cross-train in ER and Med/Surg. Best of all, here, you form a real bond with your patients. They know you're there to help and you know you're making a difference. I work with local Inuit tribes (Tlingit Tribe), which is incredibly rewarding. You run into your patients frequently on this island and really get to see the fruits of your labors. Alaska is everything I expected – there are only 14 miles of roads in the entire city [of Sitka]!

I'm where I am today because of travel nursing. It allowed me to grow and become a more well-rounded nurse. If you're interested in seeing different parts of the country before you choose a place to call home, this is the way to do it. Just choose your state and you're on your way. A bit of advice: Don't pick assignments for the money - choose the location! And it helps to have at least two years of nursing experience before you become a travel nurse - this helps prepare you for the challenges you will face."



Katy Roesner '15 changed careers and became a champion of outpatient nursing.



“I started nursing school a bit later – like ‘raising a family and building a couple of careers’ later.

In college, I thought I wanted to be a doctor, but then I took organic chemistry. It was a headache, so I earned a degree in biology and physics. I thought I would graduate and build a career in Pharma. or Medical Devices, but then I met my future husband and all that would have to wait for a while.

After we were married, we moved to South Africa and it really had an impact on me. I worked with the African Children's Feeding Scheme – ‘scheme’ is European language, and it's actually a good thing. I initiated the fundraising arm and it grew to be 20% of all funds raised.

I had little kids at the time and when we moved back to the states, I became a real estate consultant. We moved to Chicago, then to Kansas City, then back to Chicago. Each move meant building or rebuilding my real estate career.

After a couple of moves, I decided that it was time for a change and I thought about what I had always wanted to do. One of my goals has always been to help people medically, so I determined that nursing was right for me. I headed back to school.

I earned my degree from ResU, but even while I was working on my degree, I never saw myself as a bedside nurse. I have a business and a science background and I knew I wanted to work in an outpatient setting.

Going to outpatient right out of nursing school is different. Some people feel that outpatient is a dead-end – you have to work in a hospital ICU or Telemetry Unit to get ahead. But I can tell you that's not true at all. Things are changing for outpatient nurses – fast. Ninety-nine percent of the time, hospitals are trying to get patients out of the hospital when they still need care. That's where we come in.

One of the things I really enjoy about outpatient nursing is the way I can develop a relationship with patients. My patients know me and they like seeing me. I can tell you that you can build a great career in an outpatient role. There are lots of advantages.

I've actually been working at ResU mentoring students about role transition. I like to think that I'm helping to change perceptions about building an outpatient nursing career. It's a great option for nurses at any stage in their professional lives. Even for those of us who started a little late.”

Katy is currently a Nurse Manager, Interventional Pulmonary at AMITA Health Suburban Lung Associates.

Our faculty are active and involved. See for yourself.

DNP Conference – Maria Martinez '09, MSN, RN, Assistant Professor, College of Nursing, presented at the Doctors of Nursing Practice (DNP) National Conference in Washington, DC, in August on "Mental Health Issues of the Incarcerated Patient."

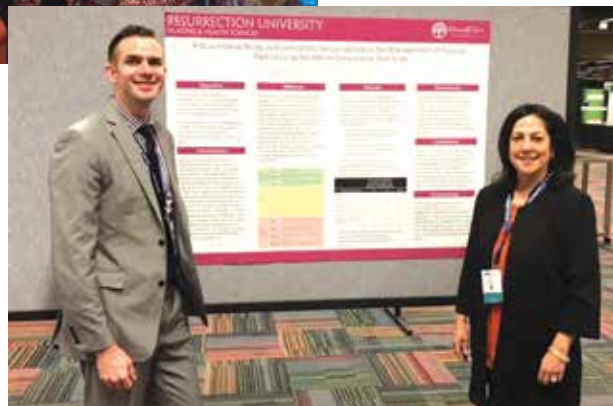
STTI Nursing Research Congress – Three ResU faculty presented at the Sigma Theta Tau (STTI) 30th Annual International Nursing Research Congress in Alberta, Calgary, Canada, in July. Melissa Murphey, DNP, NP-C, Assistant Dean, Graduate Programs in the College of Nursing, and Reem Azhari, PhD, RN, Endowed Chair of Inter-Professional Education, gave a presentation on "Developing School of Nursing Partnerships With the United Nations Association." Nancy Reese '96, DNP, RN, Interim Dean, College of Nursing, gave a presentation on "Nursing and Radiography Student Collaboration: Increasing patient satisfaction on a Dedicated Education Unit."



NCNP Conference – In May, graduate faculty had posters accepted for presentation at the National Conference for Nurse Practitioners (NCNP). Melissa Murphey, DNP, NP-C, and Reem Azhari, PhD, RN, "Bringing about Effective Change: An Urban DNP Program's Successful Approach at Highlighting Vulnerable Populations." Lou Curet, PhD, MSN, MBA, APN-BC, and Ursula Canli, DNP, ANP-C, "Defining Best Practices to Establish a Clinical Framework for Faculty NPs and Identification of Advantages to Universities, Clinical Providers, and Students: A Case Study Approach at Resurrection University, Chicago." And Chris Galloway, DNP, APRN, FNP-BC, MOT (DNP, '19 & FNP, '15), "A Quantitative Study on Essential Oils Versus Opioids in the Management of Physical Pain Utilizing the Harich Comparative Pain Scale."

STTI Conference – In February, Julie Duff, DNP, APRN, WHNP-BC, CNE, delivered her podium presentation, "Creating a Breastfeeding-Friendly University Community," at Sigma Theta Tau's (STTI) National Conference, Creating Healthy Work Environments in New Orleans.

IFHIMA Congress – This November, Theresa Jones, MEd, RHIA, Director of the Health Information Management Program, and Reem Azhari, PhD, RN, Endowed Chair of Inter-Professional Education, will attend the 19th Annual International Federation of Health Information Management Associations (IFHIMA) International Congress in Dubai. The two will present their abstract titled "The Importance of HIM Integration in Inter-Professional Education: A Perioperative Scholar Program Initiative."



Doctor of Nursing Practice

The Doctor of Nursing Practice (DNP) degree is widely known as the “terminal” nursing degree. It is specifically designed to create and train leaders in nursing who are experts in organizational leadership, health policy and care.

This makes the DNP degree uniquely relevant to faculty members at ResU who are already leaders in the classroom and beyond. Our faculty members are some of the most qualified and equipped nursing professionals in the city, and they continue to pursue opportunities for education and professional development. Many ResU faculty have already obtained, or are in the process of obtaining, a DNP degree.

ResU's faculty know that the only way to create and train leaders in healthcare is to be unparalleled leaders themselves. Here's a list of ResU faculty who have obtained their DNP.

Full-Time Faculty with a DNP

Lisa Biancalana-Marsh, DNP, APN, FNP-BC, TNS

Karen Black-Vetter, DNP, RN

Ursula Canli, DNP, ANP-C

Yasmin Cavenagh, DNP, MSN, MPH

Laura Domagala, DNP, MSN, RN

Julie Duff, DNP, APRN, WHNP-BC, CNE

Christopher Galloway, DNP, APRN, FNP-BC, MOT (DNP, '19 & MSN, '15)

Beth Holstein, DNP, MS, MBA, RN, CNE

Gretchen LaCivita, DNP, MPH, RN

KimYon Lewis, DNP, RN (DNP, '19 & MSN, '15)

Rose Loiacono, DNP, RN, CNOR

Maria Martinez, DNP, RN, CNE, CMS-BC (MSN, '09)

Melissa Murphey, DNP, APRN, FNP-C

Nancy Reese, DNP, RN, CNE (BSN, '96)

Aloma Wallace, DNP, MSN, RN

ResU's inaugural class of DNP students graduated in August 2019. Congrats to the first cohort to complete the program!



Front Row: KimYon Lewis, Gladys Aguirre, Beth Holstein, Sarah Hussain **Back Row:** Linda Ramirez, Sara Miranda, Sheila Johnson, Karen Black-Vetter, Christopher Galloway, Muriel Lee, Renee Maeweather-Reed

Faculty Development for Student Success



Faculty members at ResU are experts and leaders in their fields of practice. But what makes ResU faculty truly amazing is their desire to be the best instructors possible for their students. For this reason, many ResU instructors train on Effective Teaching Practices through the Association of College and University Educators (ACUE) to become incomparable teachers.

ACUE provides resources and courses to faculty members who may be well-versed in their respective subjects, but would like to learn how to integrate evidence-based teaching practices to become excellent instructors. The course's five units of study address:

- Designing an effective course or class
- Establishing a productive learning environment
- Using active learning techniques
- Promoting higher-order thinking
- Assessing to inform instruction and promote learning

At ResU, a group of 39 faculty members participated in these courses for the purpose of improving student learning outcomes during 2018 and 2019 terms.

The faculty who have completed the course have:

- Learned 168 new practices
- Learned about 162 other practices
- Implemented 58 new practices
- Plan to implement 145 additional practices

But were the courses effective?

100% of ACUE participants agreed, or strongly agreed, that the knowledge and skills presented in the modules are relevant to their work and that they now use research to inform their teaching practices. As for the future, ResU plans to invest in faculty instructors by implementing ACUE training for all full-time faculty members.

"ACUE was extremely worthwhile. The course validated some of the things I was already doing in the classroom and rooted my practices in the evidence. It also provided a wealth of new knowledge, helpful resources, and practical ideas for how to create learning experiences which engage students and convey my commitment to their learning," said Julie Duff, DNP, APRN, WHNP-BC, CNE, Associate Professor, College of Nursing.

"ACUE has truly made me a better educator. I have used many strategies in the classroom, and students have told me how much they appreciate them. In fact, one strategy I used in my research class was specifically requested by students when I had the same group in Adult Health 2! I have downloaded all the resources and I continue to try them out in class. I feel confident making adjustments with these resources for each new term, and I don't think I would feel that way if it wasn't for ACUE," explained Carina Piccinini, MSN, RN, Instructor, College of Nursing.

Note: Charlene Banta, Adjunct Faculty (and recent ACUE facilitator), won the 2018-2019 Florida Health Information Management Association Educator Award and credits the award to the skills she learned in ACUE with ResU.



The Navy needs nurses and Stephen Margelos answered the call.



For as long as he can remember, Stephen wanted to serve his country.

When he was a kid, he saw movies about the Marine Corps and knew that when he grew up, he was going to be one of “the few, the proud.” But as he grew older, Stephen realized he really “wasn’t a ‘hoorah’ kind of guy who shoots guns and breaks down doors.” Still, the call to serve was undeniable, so Stephen decided to combine his interest in healthcare with a career in the military.

Which is why he accepted a position as an uncommissioned officer in the United States Navy while he continues to finish his nursing studies.

Stephen explained, “A lot of my friends are in the Marines but the Marine Corps doesn’t have a healthcare branch. That comes from the Navy. It was exactly what I wanted. I could be there for my country and my friends.”

The Navy offered a lot of incentives to Stephen including monthly financial support and a sign-on bonus to help make it a little easier to focus on finishing his degree program. Stephen also liked the fact that, “the Navy offers the most options.” Stephen added, “I can be a Flight Nurse and work on the helicopters that bring people from combat areas to the hospital. I can do Humanitarian work on the USS Hope or the USS Mercy. I can also work in a more traditional hospital setting. There are so many different ways to make a difference in the Navy.”

Stephen was sworn into the Navy as an uncommissioned officer during a ceremony at Resurrection University that was attended by his fellow students and faculty. Stephen said, “I was a little hesitant to be sworn in at ResU. I really didn’t want to make a big deal out of it, but it turned out great. The students were so supportive and actually had a lot of questions about the Navy.”

After he completes his BSN degree at Resurrection University, Stephen will attend a five-week training program and then he’ll be commissioned as an Ensign in the United States Navy.

As an officer, Stephen has some options as to where he serves and what role he takes in the Navy. “I’m hoping for an international assignment, so my choices were Italy, Japan, Spain and San Diego.” Stephen continued, “I expect to go on deployment and want to go. Being a Flight Nurse is my goal but I don’t get to pick.”

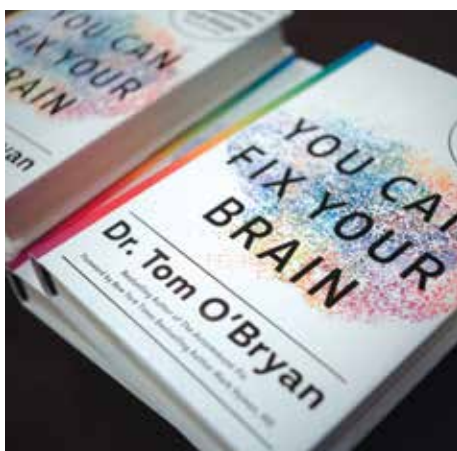
According to Stephen, “There are so many things you can do with a Nursing degree. I think students should explore their options and the military is definitely something to consider.”

“There are so many things you can do with a nursing degree. I think students should explore their options and the military is definitely something to consider.”

One thing is certain: The entire Resurrection University family wishes Stephen the best of luck in the Navy. If you see Stephen – or any active or former service member— be sure to say, “Thank you for your service!”



Thinking Out Loud: Lifestyle & the Brain.



On March 14, ResU welcomed Dr. Thomas O'Bryan, founder of TheDr.com and author of "Betrayal: The Autoimmune Disease Solution They're Not Telling You," for a special engagement to speak to ResU supporters, faculty and alumni. Dr. O'Bryan addressed how lifestyle can affect brain function at The University Club in downtown Chicago.



Men in Nursing.



On April 6, ResU hosted six panelists for its annual Men in Nursing event. Panelists included ResU BSN student Ahmad Shuaibi '19, BSN; ResU alumni Fount Hankle '16, BSN, RN, Mauricio Pineda '15, BSN, RN, ECRN, Zain Rehman '10, DNP, CRNA, and Aric Shimek '14, BSN, RN, CCRN, CPN; and Matthew Lipinski, DNP, CRNA. Each representative had distinctive professional backgrounds and motivations for pursuing nursing careers, but all agreed that men face unique challenges in the nursing field. Here are some of the most notable insights:

"My first career is something I just fell into. This second career [nursing] was something I wanted to do. I had a lot more drive and motivation than students younger than me."

—Matthew Lipinski



"One of the biggest pros [of nursing] is being able to relate to other male patients ... You can make that male patient feel as comfortable as possible, but you do have to take that extra step to make sure your skills are up to par."

—Mauricio Pineda





Thinking Out Loud – A Podcast



We are proud to announce the launch of Thinking Out Loud, a Podcast brought to you by Resurrection University and WGN Radio. Hosts Dr. Therese A. Scanlan, President, and Dr. Kristine Tohtz, are pictured here recording an episode on the Science of Sleep. ResU podcasts will cover a variety of topics, starting with our first four episodes: The Science of Sleep, change order: What's the 411 on CBD and THC?, Food as Medicine, and Mindfulness & Meditation.

[Listen to our episodes now at resu.edu/podcasts](https://resu.edu/podcasts)

**Join us for a special Thinking Out Loud event on Wednesday, October 23:
What's the 411 on CBD and THC?**

Check your email inbox for an invitation to this exclusive event.

Give a gift. Make an impact.



We're so thankful for all the ways alumni give back to the University and the healthcare community at large. You help make ResU the vibrant place it is, by leading Skills Days and participating in service learning trips. You help our students by advising and sharing opportunities with them. And you provide generous financial support that will allow this unique and vital community to endure.

Please consider making a donation to our scholarship fund by visiting resu.edu/giveagift. Thank you for your continued support of ResU!

You make a difference in the lives our students. Hear first-hand about the impact your generosity has had on one of our students.

My family and I would like to thank you for your extremely generous gift. I am a mother and this scholarship not only benefits me, but all of my children. I hope to one day be able to pay this forward and help another individual who thought going back to school would be impossible because of the financial strain it comes with. Thank you!

ResU Alumni continue to make their mark on the world.

Nursing



Our fall 2018 graduates were treated to a commencement address from a remarkable West Suburban alumna. In December, **Dr. Susan Groenwald** (West Suburban Hospital School of Nursing, '70) received ResU's Distinguished Alumni Award. She also shared with new graduates some of the insights she received over the course of her own career in healthcare. After starting out in rehabilitation nursing, Dr. Groenwald emerged as an expert in the field of oncology nursing—and as the former president of Chamberlain University, she also expanded the school from 450 students to 31,000. Through it all, Dr. Groenwald always commits herself to service and support, never forgetting “the many small things” we can all do to provide support to others.



Dr. Sharon Bolin (West Suburban Hospital School of Nursing, '57) was featured in our December 2018 e-newsletter. After a family friend led her to enroll at West Suburban Hospital School of Nursing/Wheaton College, no one knew it would result in her teaching at West Suburban. In time, Sharon became the director of the School of Nursing and initiated its bachelor's degree program. After resigning from West Suburban in 1989, Sharon worked in Georgia with both MAP (Medical Assistance Programs) International and Doctors on Call for service, before moving on to conduct health assessments all over the state. Now, she runs her own quilting, monogramming and alterations business, and is committed to keeping in touch with alumni and former colleagues all over the country and the world.



Maria Chichelly (BSN for RN, '15) was appointed this April as Assistant Vice President, Patient Care, of Methodist Hospitals' Northlake Campus in Gary, IN. In addition to her BSN from ResU, Maria holds a BA in Social Work and an MA in Business Administration. Prior to her time at Methodist Hospitals, she was the Director of Nursing and Director of Patient Care Services at AMITA Health—St. Joseph Hospital.



Dr. Beverly Reigle (West Suburban Hospital School of Nursing, '66 & Wheaton College Affiliation, '68) was featured in our June 2019 newsletter. After graduation, she and her husband, who served in the military, moved frequently. After working as a nurse in Kentucky, Washington, Wisconsin and Ohio, Beverly pursued her master's and doctoral degrees in Texas. Beginning in the 1980s, she taught and conducted research in the fields of oncology nursing and cancer survivorship at Texas Woman's University, the College of Mount St. Joseph and at the University of Cincinnati, prior to her retirement in 2018. Now an Associate Professor Emerita at Cincinnati, Beverly continues to publish her research and participate in professional organizations, including the Association of Rehabilitation Nurses where she serves on the board.



In January 2019, **Aric Shimek** (BSN, '14) began a two-year term as one of three new Sigma Theta Tau United Nations liaisons to represent Sigma in the United Nations Department of Global Communications and the non-governmental organizational community. Aric also attended the High-Level Political Forum on Sustainable Development in July at the UN Headquarters in New York. It is convened by the Economic and Social Council (where Sigma Theta Tau has a special consultative status) and each year, they review a small selection of Sustainable Development Goals. Aric currently serves as a program manager of telehealth at Ann & Robert H. Lurie Children's Hospital of Chicago.



On Thursday, May 2, ResU alumni **Fount Hankle** (BSN, '16), **Brian Fondren** (BSN, '06) and **Maurice Jackson** (BSN, '17) were a part of a male nursing panel on WVON 1690 AM's The Talk of Chicago with host Clive Kelly. The panel took place as a kick-off to National Nurses' Week, May 6 – 12. Hankel, Fondren and Jackson discussed their career journeys, offering insight into their personal experiences and career choices. They discussed the many reasons why nursing is a great career option, along with the many avenues of career opportunities available.



Congratulations to **Guadalupe Hernandez** (MSN, '14), who was recently appointed as the President of the Illinois Chapter of the National Association of Hispanic Nurses (NAHN). NAHN is a professional, voluntary and non-profit healthcare organization, dedicated to enriching the lives of Hispanic nurse individuals through the promotion of academic attainment, mentorship, professional development and by actively reshaping healthcare in the Hispanic community. ResU was happy to host the June 20 NAHN chapter meeting on campus where many ResU students and alumni were in attendance. Lupe also recently began the Executive MBA/DNP program at Johns Hopkins University.

Radiography



In spring 2019, **Carmen Froman** (Saint Francis School of Radiography, '05) gave the commencement address and shared with graduates her journey to a career in radiography and her subsequent advancement to upper management. Carmen began her career working the third shift at Our Lady of Resurrection, moved on to MacNeal and Central DuPage Hospitals, and then worked at the University of Chicago Medicine before accepting a managerial position at Weiss Memorial Hospital. Since arriving at Weiss, she has moved up the ranks and currently serves as the organization's Chief Operating Officer. Having pursued both bachelor's and master's degrees while working, Carmen is now on her way to completing her Doctor of Business Administration—and never loses sight of her determination “to learn, to grow, to do good.”

This year was a great year for ResU Alumni, next year will be even better!

Past Events

This year ResU was filled with great speakers, Skills Days, and activities. Whether attending the always-popular alumni panels, our annual Men in Nursing event, Venipuncture Skills Day, or this year's talk on Wellness for the Healthcare Professional, alumni and students continued to learn together about the healthcare field and kept their skills up to date.

Alumni also got together throughout every season to take in Blackhawks, Wolves, Cubs and White Sox games!

Thank you for your participation in these activities. We will continue to add on to the calendar and we encourage you to reach out with additional ideas! We recently introduced the option of using Skype to call in to alumni panels and are now happy to offer this option to accommodate busy schedules. If you are interested in participating, please email Vickie Thornley at Vickie.thornley@resu.edu or call 773-252-5137.

Upcoming Events

Visit resu.edu/alumnievents to learn more and to register for all events.

October 19 – Cardiac Emergencies Skills Day

October 23 – Thinking Out Loud: What's the 411 on CBD and THC?

November 2 – Venipuncture 101 Skills Day

November 8 – Hear from Emilie L. Lucchesi, PhD, author of "This is Really War: The Incredible True Story of a Navy Nurse POW in the Occupied Philippines."



Nominate a deserving alumna/us—or yourself—for the 2019 Distinguished Alumni Award. Fill out the application at resu.edu/alumnievents

We try to help ResU students help the world.

The goal is simple: We want to make sure that everyone who spends time at Resurrection University has a transformational experience that empowers them to have a positive impact on the world.

It's a message shared with each new student and during employee orientation. It's a commitment realized every day for every member of the ResU community.

As healthcare professionals and educators, we are privileged to influence our city's culture for the better. We stress to our students that they will get an excellent education and leave ResU as the best healthcare professionals they can be. Through the Department of Mission and Ministry, we help prepare compassionate professionals and individuals through voluntary community service. In addition to the 40-55 participants in the Week of Welcome Service Days, students, faculty and staff worked with Mission and Ministry to establish three on-going Service Clubs. Mission and Ministry also works with various student organizations as a resource to find meaningful community service opportunities that support our University mission and values.

Over the last six months, ResU's Mercy Home Service Club provided amazing programing in partnership with Mercy Home for Boys and Girls. Student leaders, along with faculty mentor Denise Delves, designed short, healthcare-focused, educational presentations for the guests and residents of Mercy Home. These programs included healthy eating (complete with a cooking demonstration), the role of sugar in diet and its connection to diabetes, healthy sleep and relaxation, and exercise.

At the Night Ministry, student leaders schedule, arrange, organize and lead peers in reaching out, with the knowledge that human connection is essential to understanding poverty and homelessness. Some members and volunteers of the Night Ministry Service Club prepared food that was later served at the mobile bus clinic or at the overnight youth shelter, "The Crib." Making a connection helps our students understand and see the effects of health disparities among the homeless population.



Because of the flexibility of Su Casa Catholic Worker and the variety of needs for their residents and members, Mission and Ministry worked with the Resurrection University Student Nurses Association (RUSNA) and arranged multiple service opportunities for our students. Su Casa serves women and children escaping poverty, and often domestic violence. Student leaders are looking ahead to develop similar health education programs for Su Casa that have previously been successful at Mercy Home.

In addition to Service Clubs, Mission and Ministry connects students to Saint Joseph's Services, the food pantry at Saint Aloysius Church, and Saint Mary's Nursing Home. During the Winter and Summer Semesters,, the ResU community provided almost 600 hours of community service to our neighbors.

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