

# (AK POINT UNIVERSITY

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Drug-Free Schools and Campuses Regulations [Edgar Part 86]

Biennial Review

Academic Years 2021-2022

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Student Experience Department - Counseling & Wellness Services

December 31, 2022

## OAK POINT UNIVERSITY Drug-Free Schools and Campuses Regulations [EDGAR Part 86] Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees, which includes the following.

- 1. The annual distribution to each employee and to each student who is taking one or more classes of any kind of academic credit (except for continuing education units) regardless of the length of the student's program of study, of:
  - Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
  - A description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol
  - A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
  - A description of any drug or alcohol counseling, treatment or rehabilitation or reentry programs that are available to employees or students
  - A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with state and federal law) and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct; a disciplinary sanction may include the completion of an appropriate rehabilitation program
- 2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:
  - Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
  - Ensure that its disciplinary sanctions are consistently enforced

Oak Point University (formerly Resurrection University)

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#### **DFSCSA Biennial Review – December 2022**

#### **Table of Contents**

Introduction/Requirements Overview	1
Biennial Review Process	1
Annual Policy Notification Process	1
AOD Prevalence and Incidence Rate Data	3
AOD Needs Assessment and Trend Data	5
AOD Policy, Enforcement & Compliance Inventory and Related Outcomes / Data	6
AOD Intervention Inventory and Related Process & Outcomes / Data	18
AOD Comprehensive Program Goals and Objectives for Biennium Being Reviewed	20
AOD Goal Achievement and Objective Achievement	21
AOD SWOT/C Analysis	23
Goals, Objectives, and Recommendations for Next Biennium Period	23
Conclusion	24
Appendices	26

#### INTRODUCTION / REQUIREMENTS OVERVIEW

#### Federal Drug-Free Schools and Campuses Regulations [Edgar Part 86]

#### OAK POINT UNIVERSITY ANNUAL POLICY NOTIFICATION / DISTRIBUTION

As a requirement of the Drug-Free Schools and Campuses Regulations [Edgar Part 86], Oak Point University (formerly Resurrection University) is to disseminate and ensure receipt of the below policy and information to all students, staff, and faculty on an annual basis.

Questions concerning this policy and/or alcohol and other drug programs, interventions, and policies may be directed to Eric Hernandez, Director of Student Experience (Drug-Free Schools and Campus Compliance / AOD Prevention Programs), at Eric.Hernandez@oakpoint.edu or 630.537.9855.

In addition, the Drug-Free Schools and Campuses Act (DFSCA) requires an institution of higher education to conduct a biennial review of its comprehensive alcohol and other drug program, to determine the effectiveness and implement changes if they are needed.

#### **BIENNIAL REVIEW PROCESS**

The current biennial review covers academic years 2021 and 2022. The review process began in September 2022 and ended in December 2022. The data was collected and assessed through review of all current alcohol and drug use/abuse campus policies.

The review process was conducted by Susan Siokos, EdD, LCPC, BC-TMH (Doctor of Education - Counselor Education & Supervision, Licensed Clinical Professional Counselor, and Board Certified-TeleMental Health Provider<sup>TM</sup>). Dr. Siokos currently holds the position of Personal Counselor, with the Counseling & Wellness Services division of the Student Experience Department. She may be contacted to request/receive the current report, at Susan.Siokos@oakpoint.edu or 630.537.9853.

Biennial reports are retained for three years, after the fiscal year in which the record was created. Copies are held in the offices of the Director of Student Experience & Title IX Coordinator, Counseling & Wellness Services, Financial Aid, Enrollment Management, and the Library/Resource Center. An electronic copy is stored on the University's public website at Counseling and Wellness - Oak Point University.

#### **ANNUAL POLICY NOTIFICATION PROCESS**

The annual policy notification process is formally conducted for new students through distribution of the *Oak Point University Catalog* (see Appendix A), via the University website at <u>Oak Point University // 2021-2022 University Catalog</u>. Additionally, all enrolled students, both on and off campus, receive policy notification in their first academic term.

Thereafter, annual prevention education and compliance training through an online training platform along with a DFSCA notice regarding the University Alcohol and Other Drug (AOD) policy is disseminated to all students electronically, at the beginning of each spring semester (January). To ensure distribution, students are required to acknowledge they have viewed the training modules and read and understood the policy, by submitting an electronic check-box reply (see Appendix B). New students are also required to submit results of a drug-screening test prior to admission. Compliance responses are monitored by Eric Hernandez, Director of Student Experience. Mr. Hernandez may be contacted at <a href="mailto:Eric.Hernandez@oakpoint.edu">Eric.Hernandez@oakpoint.edu</a> or 630.537.9855.

The Oak Point University Employee Handbook is provided to each new employee by the Office of Human Resources and the Faculty Handbook is provided to each new Faculty member by Academic Leadership, at the time of employment. Both handbooks address the University's Drug and Alcohol-Free Workplace policy and refer employees to the University's Alcohol and Substance Use and Abuse Policy, for review. The handbooks are also available to employees via the University intranet (OllieNet).

All employees are required to complete annual prevention education and compliance training via an online training platform, which includes dissemination of the appropriate DFSCA policy. Training was initially distributed to employees between 11/16/20 - 12/23/2020, requiring an electronic acknowledgement of completion and policy review. Prevention education/compliance training was assigned in 2021 and 2022. The policy was not distributed in 2021 due to a variety of factors that were remedied in 2022, with distribution via the electronic *HR Newsletter*. A plan is in development to deploy a new training platform in 2023.

Employees who begin working at Oak Point University after the annual policy distribution, including those who work at off-campus sites and/or teach online classes, receive the policy before the next annual distribution, as part of their new employee orientation package. Employees must also undergo mandatory drug testing prior to employment. Requests for the policy are granted through the Office of Human Resources, at <a href="https://example.com/html/>
HR@oakpoint.edu">HR@oakpoint.edu</a>.

#### **Policy Content**

As an academic community, Oak Point University is committed to providing an environment in which learning and scholarship can flourish. The possession or use of illegal drugs, or the abuse of those which may otherwise be legally possessed, seriously affects the University environment, as well as the individual potential of our students and staff. Oak Point University enforces state laws and related University policies, including those prohibiting the following activities on campus:

- Use, possession, manufacturing, or distribution of alcoholic beverages except as expressly permitted by law or Oak Point University policy. Alcoholic beverages may not be used by, possessed by, or distributed to any person under twentyone (21) years of age.
- Use, possession, manufacturing, or distribution of illegal drugs including but not limited to marijuana, narcotics, methamphetamine, cocaine, opiates, LSD,

mushrooms, heroin, designer drugs such as Ecstasy and GHB, or other controlled substances are prohibited. Use or possession of prescription drugs other than for the person prescribed, or for use other than the prescribed purpose are prohibited. Possession or use of drug paraphernalia including but not limited to equipment, products, and materials used to cultivate, manufacture, distribute, or use illegal drugs are prohibited.

Students may not be on University premises, including all locations used for programs and educational experiences, while under the influence of alcohol or non-prescription controlled substances. Violators of this policy are subject to disciplinary action and, depending on the circumstances, to criminal prosecution.

The Oak Point University policy contains:

- A description of the applicable legal sanctions under local, state, and federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
- A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students;
- A clear statement that Oak Point University will impose disciplinary sanctions on students and employees (consistent with state and federal law) and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct; a disciplinary sanction may include the completion of an appropriate rehabilitation program.

#### **AOD PREVALENCE AND INCIDENCE RATES**

#### Offenses On-Campus, Non-Campus, and Public Property (Chicago)

Crime Category*	Frequency 2020	Frequency 2021
Arrests: Drug Abuse Violations	0	0
Disciplinary Referrals: Drug Abuse Violations	0	0
Arrests: Liquor Law Violations	0	0
Disciplinary Referrals: Liquor Law Violations	0	0

#### Offenses On-Campus, Non-Campus, and Public Property (Oak Brook)

Crime Category*	Frequency 2020	Frequency 2021	
Arrests:			
Drug Abuse Violations	0	0	

Disciplinary Referrals: Drug Abuse Violations	0	0
Arrests: Liquor Law Violations	0	0
Disciplinary Referrals: Liquor Law Violations	0	0

<sup>\*</sup>Crime categories are defined below

<u>Drug Abuse Violations</u>: Violations of state and local laws relating to the unlawful possession, sale, use, growing, manufacturing, and making of narcotic drugs. The relevant substances include opium or cocaine and their derivatives (morphine, heroin, codeine); marijuana; synthetic narcotics (Demerol, methadone); and dangerous non-narcotic drugs (barbiturates, Benzedrine).

<u>Liquor Law Violations</u>: The violation of laws or ordinances prohibiting the manufacture, sale, transporting, furnishing, or possessing of intoxicating liquor; maintaining unlawful drinking places; bootlegging; operating a still; furnishing liquor to a minor or intemperate person; using a vehicle for illegal transportation of liquor; drinking on a train or public conveyance; and all attempts to commit any of the aforementioned. (Drunkenness and driving under the influence are not included in this definition.)

#### **Annual Security Report (ASR)**

This report (see Appendix C) is provided in compliance with the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act, as amended. It provides students and employees of Oak Point University ("University") with information on the University's security arrangements, policies and procedures; programs that provide education on such things as drug and alcohol abuse, awareness of various kinds of sex offenses, and the prevention of crime generally; and procedures the University will take to notify the campus community in the event of an emergency. Its purpose is to provide students and employees with information that will help them make informed decisions relating to their own safety and the safety of others.

This report is prepared by the University Controller in cooperation with local law enforcement authorities and includes information provided by them as well as by the University's campus security authorities and various other elements of the University. Each year an e-mail notification is made to all enrolled students and employees that provides the website link to access this report. Prospective students and employees are also notified of the report's availability. Hard copies of the report may also be obtained at no cost by contacting the Office of Enrollment Management, the University Library, and may also be accessed on the University website (<a href="https://oakpoint.edu/policies-reports-fast-facts/">https://oakpoint.edu/policies-reports-fast-facts/</a>). The University is committed to taking the actions necessary to provide a safe and secure working/learning environment for all students and staff. As a member of the campus community, you can feel safe and comfortable knowing that security procedures are in place that represent best practices in the field, and are constantly tested and re-evaluated for their effectiveness.

#### **AOD NEEDS ASSESSMENT AND TREND DATA**

The *Core Alcohol and Drug Survey* was initially distributed to students at Oak Point University in March 2014 and subsequently in March 2016, 2018, and 2020, through Counseling & Wellness Services. The survey was not distributed in 2022 due to an application processing error by the Core Institute.

Beginning in spring 2024, dissemination will resume biannually through the University's Institutional Research office, to assess increases/decreases in trend data over time. The most recent *Executive Summary Report - Spring 2020* was provided by the Southern Illinois University Core Institute (see Appendix D).

The Core survey data and analysis included questions pertaining to the following information:

- Alcohol consumed each day in a typical week, over past three months; in a specific time period
- Amount of alcohol consumed in one sitting, over past two weeks
- Sources of alcohol
- Maximum number of drinks in one sitting, over past month; in specific time period
- Maximum average number of drinks consumed, on a typical occasion
- Behavior and consequences of behavior due to drinking
- Where and how often alcohol used, over past month
- Where and how often marijuana used, over past month
- Sources of marijuana
- Number of times driven a car under influence of marijuana, over past month
- Age when first drank to point of intoxication
- Prescription drug use without a prescription or other than prescribed, over past year
- Use of other substances not prescribed, over past year
- Perception of frequency of alcohol and other drug use by average student on campus
- Perception of number of drinks consumed each day in a typical week by typical student, over past three months
- Perception of average number of drinks consumed on a typical occasion by a typical student
- Experiences between classmates associated with alcohol and drinking
- Frequency of alcohol and other drug use, over past month
- Personal opinion about acceptability of alcohol and other drug use by students
- Perception of acceptability of alcohol and other drug use by typical student on campus
- Other data regarding personal opinion related to the University, spirituality, and religion
- General demographics

## AOD POLICY, ENFORCEMENT & COMPLIANCE INVENTORY AND RELATED OUTCOMES / DATA

Following is the Student Code of Conduct relating to alcohol and other drugs, in addition to the entire text of all and any policies related to alcohol and other drug use for Oak Point University students, staff, and faculty.

#### **Student Code of Conduct**

The complete Student Code of Conduct may be referenced in the 2021-2022 Oak Point University Catalog (pp. 88-96).

#### Introduction

Persons enrolling in Oak Point University ("Oak Point") are expected to conduct themselves in a manner consistent with the educational purpose of instruction. Pursuit of a college education is a voluntary association with a community of scholars that provides an opportunity for exploration of new ideas, experimentation, self-examination, formation of new friendships, and development of ideals and direction. A University environment is a place where the free exchange of ideas and concepts can take place among faculty and students in an atmosphere that allows for civil debate and dialogue on contemporary issues.

Oak Point University considers freedom of expression and inquiry essential to a student's educational development. Thus, the institution recognizes the right of all members of the University community to engage in discussion, exchange opinions, and to speak, or print freely on any subject in accordance with the guarantees of Federal or State constitutions. This broad principle is the cornerstone of education in a democracy.

To protect these privileges and opportunities the student assumes the personal responsibility to uphold the standards reasonably imposed by Oak Point University through its Mission and Vision statements. Foundational principles of academic integrity, personal honesty, tolerance, respect for diversity, civility, freedom from violence, and pursuit of lifestyles free of alcohol and drug abuse are examples of these standards.

The University views the student conduct process as a learning experience which can result in growth, behavioral changes, and personal understanding of one's responsibilities and privileges within the college environment. To this end, the Student Code of Conduct attempts to balance an understanding and knowledge of students and their needs and rights with the needs and expectations of Oak Point University and the larger community.

Students are treated with care, fairness, tolerance and respect with decisions made relative to the needs and circumstances of all concerned. The needs of the respondent, the person(s) who report being the victim of another student's actions, and the community at large are judged to be equally important. Students at Oak Point University may take advantage of the various resources of the College to further their development.

#### **Authority**

The Director of Student Development will administer the Student Code of Conduct. The responsibilities of these individuals or entities are briefly defined as follows.

The Director of Student Development will represent Oak Point University in student disciplinary matters and act as hearing officer for students in their respective programs.

The responsibilities of the Director of Student Development include preparing notices of violation, collecting information, conducting administrative discipline hearings, making decisions related to disciplinary outcomes, and performing other functions as required in the discipline process.

The Oak Point University Discipline Panel hears appeals of disciplinary decisions rendered by the Hearing Officers. The appeal can be initiated by the Respondent(s) or the Complainant(s). The Panel shall consist of three (3) faculty members and one administrator. The Panel is chaired by the administrative member who is appointed by the Vice President of Student & Employee Affairs.

#### **Prohibited Conduct**

Any student found to have committed or to have attempted to commit the following misconduct related to alcohol and other drugs is subject to disciplinary sanction.

- Sexual misconduct including but not limited to: obscene, lewd, or indecent behavior; deliberate observation of others for sexual purposes without their consent; taking or posting of photographs/images of a sexual nature without consent; possession or distribution of illegal pornography; viewing or posting pornography in public venues; non-consensual sexual contact; engaging in coercion or constraint; or engaging in sexual activity with a person who is incapacitated or otherwise unable to give consent. (Refer to the University's Title IX policy for more information.)
- Use, possession, manufacturing, or distribution of alcoholic beverages except as expressly permitted by law or Oak Point policy. Alcoholic beverages may not be used by, possessed by, or distributed to any person under twenty-one (21) years of age.
- Use, possession, manufacturing, or distribution of illegal drugs including but not limited to marijuana, narcotics, methamphetamine, cocaine, opiates, LSD, mushrooms, heroin, designer drugs such as Ecstasy and GHB, or other controlled substances are prohibited. Use or possession of prescription drugs other than for the person prescribed, or for use other than the prescribed purpose are prohibited. Possession or use of drug paraphernalia including but not limited to equipment, products, and materials used to cultivate, manufacture, distribute, or use illegal drugs are prohibited.

#### **Jurisdiction**

The Oak Point University Student Code of Conduct shall apply to conduct that occurs

on Oak Point University premises, during Oak Point University-sponsored programs or activities, and to off-campus conduct that adversely affects the Oak Point University community, poses a threat to safety of persons or property, or damages the institution's reputation or relationship with the greater community. The Director of Student Development shall decide whether the Student Code of Conduct shall be applied to conduct occurring off campus on a case-by-case basis.

Each student shall be responsible for his/her conduct from the time of application for admission through the actual awarding of a degree, even though conduct may occur before classes begin or after classes end, as well as during the academic year and during periods between terms of actual enrollment. The disciplinary process may proceed even if the student withdraws from school while a disciplinary matter is pending.

Student Organizations may be disciplined/sanctioned via the Student Code of Conduct procedures while represented by an officer or member who has been chosen by the membership but who was not directly involved in the incident in question, as determined by the Director of Student Development.

The complete *Alcohol and Substance Use and Abuse Policy* (see Appendix E) may be referenced in the 2019-2020 Oak Point University Catalog (pp. 100-109).

#### Alcohol and Substance Use and Abuse

This policy describes alcohol and substance use/abuse and the University's role in maintaining an atmosphere which promotes a high quality learning environment.

- 1. The University expects compliance with all local, state, and federal laws governing alcohol, illegal drugs, prescribed medications, and non-prescribed drugs and substances which can carry severe penalties, including but not limited to, imprisonment and substantial fines.
- 2. It is the responsibility of all faculty, staff, and students to identify students' behavior that leads to the suspicion of alcohol and/or drug use and to implement the procedures associated with the suspicion.
- 3. None of the following symptoms and signs listed is in itself indicative of alcohol or drug abuse. However, when any of these are persistent or frequently recurrent, and in conjunction with failing attendance and/or performance, in an academic setting the instructor should partner with the Program Director or Dean or, in a University setting, an Oak Point employee should refer the student to an Emergency Department for a fitness evaluation, as outlined in Paragraphs 13-15 below:
  - Slurred speech
  - Dullness, drowsiness
  - Difficulty in concentrating or making decisions, confusion
  - Redness of eyes, nose

- Tremulousness
- Frequent and prolonged trips to rest room (with a change in symptoms)
- Aggressive behavior, loud talking, giggling, silliness
- Hallucinations (seeing or hearing things that are not there)
- Feelings that everyone is talking about him/her or are trying to hurt him/her
- Rapid speech, extreme elation, laughing
- Slow depressed speech, extreme sadness, crying
- Alternations between the last two symptoms within the same day, or within a few days
- Odor resembling alcohol on breath at any time during class or clinical hours, especially prior to class time or after lunch
- Recurrent 1 or 2 day "sickness" (especially "stomach" or "flu"), requests for "funeral" or "court" time
- 4. Under-age students with alcohol on their breath or other signs of intoxication will be considered in violation of the law.
- The University reserves the right to notify the parent(s) of underage students who violate this policy and/or refer violations of the law to civil authorities for prosecution.
- 6. The University encourages students who believe that alcohol and/or a substance is having an unfavorable effect on their everyday life, who believe they have an abuse problem, or who believe a fellow student has an abuse problem, to seek assistance through Counseling & Wellness Services.
- 7. The University may refer students with alcohol and/or substance abuse problems beyond its means to outside rehabilitative or counseling services.
- 8. The University provides annual training to its students, faculty, and staff concerning alcohol and substance abuse in accordance with the Drug-Free Schools and Communities Act.
- 9. Progressive disciplinary action, as outlined in the Student Code of Conduct, up to and including dismissal from the program and referral for prosecution will be taken against anyone involved in the purchase, use, sale, distribution, or possession of unlawful substances or abuse and/or misuse of alcohol.
- 10. Students who are suspected of being under the influence while on campus and/or at a clinical agency will be asked to turn over their car keys voluntarily. If the student is not willing to do so, then Security or 911 will be called.
- 11. Students who are suspected of being under the influence while on campus or at a clinical agency will be asked to consent to transport to the nearest Emergency

Department.

- 12. If a student refuses to visit the Emergency Department and becomes agitated, hostile, threatening, and/or violent, then the Oak Point employee should call Security or dial 911.
- 13. It is the responsibility of the nearest Emergency Department to assess, test, and render a medical impression regarding a student suspected of alcohol intoxication or drug use. The Emergency Department primary care provider conducts a physical assessment of the student, including any and all tests deemed necessary by the primary care provider.
- 14. It is the responsibility of the student to execute the required forms, including HIPAA authorization forms and forwarding information, to ensure that the University receives alcohol/drug-related results from the Emergency Department primary care provider in a timely manner.
- 15. A student who refuses any part of the assessment or tests as ordered for diagnosis by the primary care provider, or refuses to execute the required forms, will be suspended immediately and may be dismissed from the University.
- 16. It is the responsibility of the Dean or Program Director to review documentation submitted by the Emergency Department primary care provider, faculty, and staff in order to initiate disciplinary proceedings if appropriate.
- 17. Information shared by students with University professionals is considered privileged and subject to the standards of confidentiality and privacy established by applicable professional codes of ethics.

#### Alcohol

- 18. Students must recognize the potential harmful effects of consuming alcohol, including but not limited to liver disease, anemia, increased risk for certain types of cancer, increased risk of heart attack and/or stroke, dementia, depression, seizures, gout, high blood pressure, nerve damage, and suppressed immune system.
- 19. Oak Point University prohibits the purchase, use, sale, distribution, or possession of alcohol on University premises, including all locations used for programs and educational experiences or at off-campus social events sponsored by the University where currently enrolled students will be in attendance, regardless of funding for the event.
  - Limited exception: The only exception to this provision applies to moderate consumption and/or possession of alcohol on University premises or at approved functions (e.g., receptions) by those legally permitted to consume or

distribute alcohol. Such functions must comply with all applicable University guidelines, as well as federal, state, and local law.

- University guidelines:
  - a. Alcoholic beverages may not be served on University premises or at functions without prior, written approval from the President.
  - b. At any event where alcoholic beverages are served:
    - i. There may be no reference to the availability of alcohol in event publicity;
    - ii. Only beer or wine may be served;
    - iii. Consumption of alcoholic beverages beyond the physical boundaries of the designated event space is prohibited;
    - iv. Anyone, including staff, who is selling or serving alcohol must have Beverage Alcohol Sellers and Servers Education and Training (BASSET);
    - v. If individuals under 21 may be present, anyone serving alcohol must check photo identification, and appropriate precautions must be taken to ensure that event participants under 21 do not have access to alcohol;
    - vi. Portions of alcoholic beverages served shall be moderate;
    - vii. Sufficient amounts of non-alcoholic beverages and non-salty food must be available.
- 20. Serving, purchasing, selling, or in any way providing alcoholic beverages to or for anyone who is under the age of 21 is a misdemeanor violation.
- 21. Advertising that states or suggests that alcohol will be available at an event is prohibited for student organization-sponsored events.
- 22. The University prohibits alcohol purchases with student activity fee funds.

#### **Substance Abuse**

- 23. Students must recognize the potential harmful effects of consuming illicit drugs and/or prescribed medications inappropriately. Any drug a person takes illegally poses some level of risk. The risks of using any drug illegally are determined by many different factors and range in level of severity, up to and including death. There are many potential harmful effects of consuming illicit drugs, including but not limited to the following: increased or irregular heart rate, increased blood pressure, increased risk of stroke and/or heart attack, convulsions, anorexia, difficulty breathing, confusion, anxiety, mental disturbance, changes in personality, learning problems, and loss of memory.
- 24. The University considers the use, possession, cultivation, production, sale, distribution, transfer, manufacture, and purchase of any illegal or controlled substance to be unacceptable behavior.

- 25. The use of prescribed medications by persons for whom the medications were not prescribed or not in conformity with the prescription, distribution or transfer of prescription medication to others, the misuse or abuse of prescribed or over-thecounter medications, and the misuse or abuse of inhalants are violations of this policy.
- 26. Students must notify their instructor, Program Director, or Dean at the time of admission and during their program, when health alteration occurs while taking prescribed medication that could adversely affect their performance.
  - a. If the student informs their instructor, then the instructor is to notify the Dean or Program Director.
- 27. Clinical agencies may impose special drug testing requirements for students practicing at that clinical/internship site; such requirements are completed at the expense of the student. If the Dean or Program Director determines that the student does not pose a threat to his/her own safety or the safety of others, and that the student's performance is not significantly affected by the use of the specific declared medication, the student may be placed in a different clinical agency, when possible.
- 28. If the student does not notify the Dean or Program Director of the use of an illicit drug, and the drug testing returns a positive result, the student will be referred to the Dean or Program Director who will have discretion and may take the following actions:
  - i. Withdrawal of the offer of enrollment
  - ii. Request medical records to verify the need for the medication
  - iii. Referral to an outside treatment agency
  - iv. Referral to inpatient or outpatient treatment
  - v. Referral for involvement with Alcoholics Anonymous, Narcotics Anonymous, Al-Anon, or Alateen
  - vi. Dismissal from the program
- 29. All expenses incurred for the alcohol and/or substance abuse test will be paid by the student directly to the University-authorized agency.

#### Illinois Sanctions for Violation of Alcohol Control Statutes

235 Illinois Compiled Statutes 5/6-21

- A. It is a Class B Misdemeanor to possess or sell alcohol if you are under 21.\*
- B. It is a Class A Misdemeanor to sell, give, or furnish false ID to an individual 21 years old or under (minimum \$500 fine).
- C. It is a Class B Misdemeanor to use or possess a false ID if you are under 21.\*
- D. It is a Class A Misdemeanor to sell, give, or deliver alcohol to individuals under 21 years of age. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$1 to \$1,000 and up to 1 year in the county jail.

Class B Misdemeanors are punishable with a fine of \$1 to \$500 and up to six months in the county jail.

• These violations may also result in one's driver's license being administratively revoked or suspended by the Illinois Secretary of State's office.

#### Illinois Sanctions for Driving Under the Influence

625 Illinois Compiled Statutes 5/11-501

A. If you are convicted of drunk driving or driving while under the influence of drugs, it is a Class A Misdemeanor. Your driver's license may be suspended or revoked and you will undergo a mandatory counseling program, as well as pay a fine up to \$1,000 and serve up to one year in the county jail.

For your second offense, you will serve a mandatory jail sentence of 48 hours, or spend 10 days in community service, in addition to the above penalties. Your driver's license will be suspended indefinitely.

For your third offense, or in a situation where great bodily harm or injury has resulted from your conduct, you are guilty of a Class 4 Felony, which could result in a term in the state prison for 1 to 3 years, as well as revocation of your license.

B. If you are convicted of illegal transportation of alcohol in a motor vehicle, you are guilty of a petty offense and will be fined up to \$500 and suspension of driver's license for 3 months.

#### Illinois Penalties for Drinking and Driving Under Age 21

Violation Type	Zero Tolerance (BAC of .01 or Greater)	DUI Conviction (BAC of .08 or Greater)
Loss of Driving Privileges (1st Violation)	3 months	2 years minimum
Loss of Driving Privileges Test Refusal (1st Violation)	6 months	2 years minimum
Loss of Driving Privileges (2nd Violation)	1 year	Until age 21 or 3 years minimum
Loss of Driving Privileges Test Refusal (2nd Violation)	2 years	Until age 21 or 3 years minimum

#### **Effect on Driving Record**

Except during suspension period, violation is not on public driving record as long as there is no subsequent suspension permanently on public driving record.

State of Illinois Statutory Provisions for Illegal Drugs Manufacture or Delivery A chart with examples of the penalties which may be imposed on individuals convicted of drug possession, manufacturing, or delivery may be referenced in the 2021-2022 Oak Point University Catalog (pp. 105-106). The circumstances of the case and other factors affect whether or not these are the actual penalties imposed or if a second offense results in a double jail sentence and fine.

#### Marijuana Sale or Delivery (720 Illinois Compiled Statutes 550/5)

Class B Misdemeanor: 2.5 grams or less, \$500 fine and/or six months in jail

Class A Misdemeanor: 2.5-10 grams or less, \$1,000 fine and/or one year in jail

Class 4 Felony: between 10-30 grams, 1-3 years in jail and/or \$10,000 fine

Class 3 Felony: between 30-500 grams, 2-5 years in jail and/or fine not to exceed

\$50,000

Class 2 Felony: 500 or more grams, 3-7 years in jail and/or fine not to exceed \$100,000

#### Possession (720 Illinois compiled Statutes 550/4)

Class C Misdemeanor: 2.5 grams or less, \$500 fine and/or thirty days in jail

Class B Misdemeanor: between 2.5-10 grams, \$500 fine and/or six months in jail

Class A Misdemeanor: between 10-30 grams, \$1,000 fine and/or one year in jail

Class 4 Felony: between 30-500 grams, 1-3 years in jail and/or \$10,000 fine

Class 3 Felony: over 500 grams, 2-5 years in jail and/or fine not to exceed \$50,000

#### **Federal Drug Laws**

The possession, use, or distribution of illicit drugs is prohibited by federal law. Strict penalties are enforced for drug convictions, including mandatory prison terms for many offenses. The following information, although not complete, is an overview of federal penalties for first convictions. All penalties are doubled for any subsequent drug conviction.

#### Denial of Federal Aid (20 USC 1091)

Under the Higher Education Act of 1998, students convicted under federal or state law for the sale or possession of drugs will have their federal financial aid eligibility suspended. This includes all federal grants, loans, federal work study programs, and more. Students convicted of drug possession will be ineligible for one year from the date of the conviction of the first offense, two years for the second offense, and indefinitely for the third offense. Students convicted of selling drugs will be ineligible for two years from the date of the first conviction, and indefinitely for the second offense. Those who lose eligibility can regain eligibility by successfully completing an approved drug rehabilitation program.

#### Forfeiture of Personal Property and Real Estate (21 USC 853)

Any person convicted of a federal drug offense punishable by more than one year in prison shall forfeit to the United States any personal or real property related to the violation, including houses, cars, and other personal belongings. A warrant of seizure is issued and property is seized at the time an individual is arrested on charges that may result in forfeiture.

#### Federal Drug Trafficking Penalties (21 USC 841)

Penalties for federal drug trafficking convictions vary according to the quantity of the controlled substance involved in the transaction. A list with a sample of the range and severity of federal penalties imposed for first convictions may be referenced in the 2021-2022 Oak Point University Catalog (pp. 107-108). Penalties for subsequent convictions are twice as severe.

If death or serious bodily injury result from the use of a controlled substance which has been illegally distributed, the person convicted on federal charges of distributing the substance faces mandatory life sentence and fines ranging up to \$8 million.

Persons convicted on federal charges of drug trafficking within 1,000 feet of a University (21 USC 845a) face penalties of prison terms and fines which are twice as high as the regular penalties for the offense, with a mandatory prison sentence of at least 1 year.

#### Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000 up to a maximum of \$100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000. Possession of drug paraphernalia is punishable by a minimum fine of \$750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to \$250,000 or both if:

- A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
- B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
- C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

#### Respect for Medical Amnesty Provisions

Oak Point University strongly encourages students to report instances of Sex Discrimination, Sexual Harassment, and Sexual Misconduct involving students. Therefore, students who report information about Sex Discrimination, Sexual Harassment, and Sexual Misconduct involving students will not be disciplined by the University for any violations of the University's drug or alcohol possession or consumption policies in which they might have engaged in connection with the incident.

#### Title IX

Oak Point University's Title IX policy addresses alcohol and other drug use related to sexual assault and other violence, as noted in the following definitions. The complete policy may be referenced in the 2021-2022 Oak Point University Catalog (pp. 122-136).

#### Consent

Clear, unambiguous, and freely given agreement, expressed in mutually understandable words or actions, to the act of sexual conduct in question. The lack of explicit consent does not imply consent. The lack of verbal or physical resistance or the submission by the victim resulting from the use of force or threat of force by the accused does not constitute consent. There is no consent when there is force. express or implied, or use of duress or deception upon the victim. Silence does not necessarily constitute consent. Consent can be withdrawn by either party at any point. Consent to engage in one sexual activity, or past agreement to engage in a particular sexual activity, cannot be presumed to constitute consent to engage in different sexual activity or to engage again in a sexual activity. Consent cannot be validly given by a person who impaired or incapacitated due to alcohol or drug consumption, who is asleep, who is unconscious, who has a mental illness or cognitive disability, and who is under the age of consent in the State of Illinois. For purposes of this policy, the issue is whether the Respondent/Accused knew or should have known that the activity in question was not consensual. Whether an individual has taken advantage of a position of influence over an alleged victim may be a factor in determining consent.

#### Incapacitated

Incapacitated is defined as lacking the physical and/or mental ability to make informed, rational judgments. This may have a variety of causes, including, but not limited to, being asleep or unconscious, having consumed alcohol or drugs, experiencing blackouts or flashbacks, or suffers from a cognitive or mental illness which would render the person unable to consent to sexual conduct. People under the age of 17 years are unable to consent to sexual conduct.

#### Sexual Violence

Sexual Violence is a severe form of Sexual Harassment that represents conduct involving physical sexual acts perpetrated against a person's will or where a person is incapable of giving consent due to the victim's incapacity. The crimes listed below are manifestations of Sexual Violence and are prohibited under this policy.

#### i. Sexual Assault

Sexual Assault is (a) an act of sexual conduct by the use of force or threat of force, including threatening or endangering the life of the victim or any other person; or (b) an act of sexual conduct where the Accused/Respondent knew that the Victim/ Complainant was unable to understand the nature of the act or was unable to give knowing consent; or (c) an act of sexual conduct with a victim who was under age 17 when the act was committed, or with a victim who was under the age of 18 when the act was committed and the Accused/Respondent was age 17 or more and held a position of trust, authority, or supervision in relation to the Victim/Complainant; or (d) an act of sexual conduct in which the Accused/Respondent delivered (by injection, inhalation, ingestion, transfer of possession, or any other means) to the victim without his or her consent, or by threat or deception, and for than medical purposes, any controlled substance; or (e) intentional and

unwelcome touching of, or coercing, forcing, or attempting to coerce or force another to touch a person's intimate parts (defined as genital area, groin, inner thigh, buttocks, or breast); or (f) any sexual intercourse without consent, including acts commonly referred to "rape."

ii. Inducing Incapacitation for Sexual Purposes
Inducing Incapacitation for Sexual Purposes includes using drugs, alcohol, or
other means with the intent to affect or having an actual effect on the ability
of an individual to consent or refuse to consent (as "consent" is defined by
this policy) to sexual contact.

#### **Employee Drug and Alcohol-Free Workplace**

It is the policy of Oak Point University to create and maintain a drug and alcohol-free workplace in keeping with the spirit and intent of the Drug-Free Workplace Act of 1988. The unlawful manufacture, distribution, dispensation, possession, sale, or use of alcohol or a controlled substance in the workplace or while engaged in Oak Point University business off premises is strictly prohibited. Such conduct is also prohibited during non-working time to the extent that, in the opinion of Oak Point University, it impairs an employee's ability to perform on the job or threatens the reputation or integrity of Oak Point University.

To educate employees on the dangers of substance abuse, as part of the new hire orientation program, employees are required to review the policy and may periodically be required to attend training sessions during which the dangers of drug abuse, Oak Point University's policy regarding drugs and alcohol, the availability of counseling, and the Employee Assistance Program (EAP) will be discussed. Employees convicted of controlled substance-related violations (including plea or no contest) must inform Oak Point University within five (5) days of each conviction or plea.

Employees who violate any aspect of this policy may be subject to disciplinary action up to and including discharge. As its discretion, Oak Point University may require employees who violate this policy to successfully complete a drug abuse assistance or rehabilitation program as a condition of continued employment. Oak Point University reserves the right to require employees to submit to drug and/or alcohol testing based on reasonable suspicion.

#### **Inpatient and Outpatient Support**

In November 2014, the University's Counseling & Wellness Services (CWS) office established a professional relationship with Rachel Kazez, LCSW, at Ascension (formerly AMITA) Saints Mary & Elizabeth Outpatient Behavioral Health Clinic. Ms. Kazez currently serves as the Oak Point University student liaison, allowing University counselors direct referral for students in need of additional services not provided by CWS. Additionally, the CWS office provides a variety of community resource information to students and employees, for inpatient and outpatient support. Oak Point University's *National & Local Mental Health Resource Guide* (see Appendix F) is physically available on campus, as well as electronically on the Library site at <u>LibGuides</u> and the Counseling & Wellness Services intranet page at <u>Counseling and Wellness</u>.

## AOD INTERVENTION INVENTORY AND RELATED PROCESS & OUTCOMES / DATA

Over the past ten years, Oak Point University has been in the process of developing alcohol and other drug (AOD) comprehensive programming, for students, faculty, and staff. The project was originally administered by Susan Siokos, EdD, LCPC, Personal Counselor in Counseling & Wellness Services and author of this report, beginning with an exploratory phase in 2012.

The initial stage of development included an on-campus consultation visit by the Illinois Higher Education Center (IHEC), on January 29, 2014. The IHEC director and assistant director, Eric S. Davidson and Cherise N. Murphy, met with Oak Point University faculty, staff, and students to assess the University's strengths, weaknesses, opportunities, and threats associated with substance abuse prevention programming. All faculty and staff were invited to participate in the forum, with four faculty and eighteen staff members in attendance. A separate student focus group was held with representatives from the University's Student Government Organization (SGO) and Student Nurses' Association (RUSNA).

A subsequent report was written by IHEC's consultants, outlining the University's current situational status. The summary identified the University's strengths and weaknesses, based on interviews with faculty, staff, and students during the consultation visit, as well as general observations. Potential opportunities for meeting AOD prevention programming requirements of the Drug-Free Schools and Communities Act (DFSCA) were identified, in addition to suggestions and considerations for development and implementation of educational programs throughout the institution.

The second stage of growth was formation of an Alcohol & Other Drug (AOD) Task Force in 2015, with members consisting of twelve staff, faculty, and student representatives. The task force initially met in April 2015 and was co-facilitated by personal counselors Susan Siokos, MA, LPC and Nicole Wuerl, MA, LPC. At that time, Ms. Siokos presented a review of IHEC's consultation visit report, along with a summary of their suggestions and considerations.

Additionally, the members brainstormed AOD educational programming ideas and discussed the feasibility of execution with our unique student body. The task force met again in October 2015, to discuss best practices and evidence-based strategies for prevention programming. Various ideas were discussed, including the potential timing and location of activities to best serve the University community.

In 2016, the third stage of expansion included a follow-up task force meeting to address the development of online training for employees and students, through *Campus Answers/EVERFI*. Implementation of the virtual training began in spring 2017. Potential on-campus educational events were also discussed, to be hosted and overseen by Counseling & Wellness Services, with the assistance of task force member volunteers.

#### 2017

In September 2017, the AOD Task Force participated in the University's first *Fall Fest* for new and returning students and employees, in which members hosted an educational AOD Game Wheel event. Participants were invited to spin the wheel and land on one of eight questions related to alcohol and other drugs, for which answers could be found in a variety of literature provided on the table. Several prize choices were offered, tagged with the AOD Task Force / Counseling & Wellness Services names and email address, along with the slogan: "If you drink, please drink responsibly." Everyone was a winner, as members assisted students in expanding their knowledge about alcohol and other drugs.

#### 2018

During the first week of the University's 2018 spring, summer, and fall semesters, the AOD Game Wheel was offered at the *Week of Welcome (WOW)* event, for all new and returning students and employees, with revised AOD-related questions. A variety of literature was provided, including articles related to stress and alcohol use and information on other drugs. A sign-up sheet was added to the table, for students interested in joining the task force.

Three AOD Task Force meetings were held during the year, at pre-determined intervals during the second term of each semester. In the first meeting, sub-committees were formed based on member interest in several proposed prevention education projects, including guest speakers, touring a hospital detox unit, attending open AA meetings, games, speaking in classes, movies, a library or student lounge display, and other campus awareness initiatives. Later in the year, as current student members graduated and faculty/staff schedules became busier, the task force elected to consolidate the proposed activities into a more realistic list. Revised activity proposals included guest speakers, games, collaborating with instructors for classroom presentations, and campus awareness initiatives such as educational displays, social marketing, and social media posts related to alcohol and other drugs.

#### 2019

During the first week of the University's 2019 spring and summer semesters, the AOD Game Wheel was offered at the *Week of Welcome (WOW)* event, for all new and returning students and employees. A variety of literature was provided, including articles related to stress and alcohol use and information on other drugs. A sign-up sheet was included on the table, for those interested in joining the task force. During the first week of the University's 2019 fall semester, the task force provided a literature table and sign-up sheet for those interested in volunteer membership.

AOD Task Force meetings were not held during the year, due to other counseling center projects taking precedence and departure of the second counselor who served as the task force co-facilitator. Additionally, the task force assistant resigned and members were unusually busy throughout the year. In lieu of the term D meeting (March 2019), members were emailed a request for sub-committee updates on their projects. Another email was sent for the term F (August 2019) meeting, soliciting comments and feedback for a proposed virtual meeting. Neither garnered a response, as the majority of members

had departed from the University, stepped down from the task force, or graduated by year's end. A call for new members was planned for 2020, to re-establish the task force.

#### 2020

During the first week of the University's 2020 spring semester, the AOD Game Wheel and a variety of related literature was offered at the *Week of Welcome (WOW) Involvement Fair*, for all new and returning students and employees. On March 13, 2020, an invitation to join the AOD Task Force was emailed to all students, faculty, and staff, to which five individuals and one original member replied (three students, two faculty members, and one staff). A term D (March) meeting was in the planning stages, when the COVID-19 pandemic closed the University to on-campus activities. The facilitator (writer) advised members future meetings were temporarily postponed. AOD prevention education was sustained virtually, through online postings by the Counseling & Wellness Services office.

#### 2021

Upon the University's May 2021 in-person reopening and founding of a second campus in Oak Brook, IL, the AOD Task Force was re-established. A variety of related literature was offered at the *Week of Welcome (WOW)* table, for all new and returning students and employees at both campuses. Members personally distributed the educational materials and engaged the community in related discussions.

#### 2022

The current AOD Task Force consists of four members, with the intention of extending an invitation to faculty, staff, and students in 2023. The goal is to broaden in-person prevention education opportunities, for the University community at large. A variety of educational literature is maintained at both campus locations, for access by students and employees.

## AOD COMPREHENSIVE PROGRAM GOALS AND OBJECTIVES FOR BIENNIUM BEING REVIEWED

Goals and objectives offered for *general focus* in the 2021-2022 Biennial Review report included:

- 1. Annual notification and distribution of Oak Point University's *Alcohol and Substance Use and Abuse Policy* to all students, staff, and faculty
- 2. Fifth biennial distribution of the Core Alcohol and Other Drug (AOD) Survey in spring 2022, to students across all programs
- 3. Updated compilation of an inclusive list of online and on-site programs and interventions
- 4. Continued development of an AOD comprehensive education program, based on the science of prevention
- 5. Continued implementation of an AOD comprehensive intervention program based on current research, evaluation, and best practices
- 6. Continuation of an intervention inventory with related process/outcomes data

Goals and objectives offered for *specific focus* during the 2021-2022 biennium period included:

- 1. Outcomes Measured at the Program Level
  - Learning outcomes assessed
  - Changes in knowledge gained from program/intervention
  - Changes in attitudes gained from program/intervention
  - Changes in beliefs gained from program/intervention
  - Changes in behaviors gained from program/intervention
  - Changes in environment/trend data that can be directly attributed to program/ intervention
- Outcomes Measured for Individual Based Programs/Interventions Offered on Campus
  - Motivational Interviewing
  - Individual assessment programs
  - Individual-based counseling and intervention programs
  - Employee Assistance Program referrals
  - Off-campus treatment provider referrals
- 3. Outcomes Measured for Group Based Programs/Interventions Offered on Campus
  - Wellness & Life Skills programs
- 4. Universal or Entire Population Based Programs/Interventions Offered on Campus
  - Online alcohol & drug education compliance training
  - On-site alcohol & drug education programs
  - Social media campaigns
- 5. Universal Programs Geared for All Staff and Faculty
  - Alcohol and Other Drug Task Force
  - Alcohol-free social options
  - Wellness programming

#### **AOD GOAL ACHIEVEMENT AND OBJECTIVE ACHIEVEMENT**

The first goal and objective offered for *general focus* in the 2021-2022 Biennial Review report was partially met:

- 1. Annual notification and distribution of Oak Point University's *Alcohol and Substance Use and Abuse Policy* to all students, staff, and faculty
  - All students received an email notice in their beginning term and annually thereafter, requiring completion of an online prevention education and compliance training through EVERFI. Additionally, they were asked to complete an acknowledgement of University policies, including the Oak Point University Alcohol and Substance Use and Abuse Policy. Students were instructed to visit designated areas for completing the training and acknowledgement form, to avoid a hold placed on their registration the

- following term. Compliance was tracked by Eric Hernandez, Director of Student Experience.
- The Oak Point University Employee Handbook was provided to each new employee and the Oak Point University Faculty Handbook was provided to each new Faculty member, at the time of employment. The handbooks address University policies, including a referral to the Alcohol and Substance Use and Abuse Policy for review.
- Annual employee online prevention education and compliance training was provided through EVERFI in 2022 and the Alcohol and Substance Use and Abuse Policy was distributed to all employees via the November 2022 electronic HR Newsletter.

#### The second goal and objective was not met:

- 2. Fifth biennial distribution of the Core Alcohol and Other Drug (AOD) Survey in spring 2022, to students across all programs
  - The spring 2022 Core Survey was not distributed, due to an application processing error by the Core Institute. Dissemination will resume in spring 2024.
  - The most recent Executive Summary Report compiled by the Core Institute outlines results of the University's 2020 Core Survey and is included in this report.

#### The third goal and objective was met:

3. The Oak Point National & Local Mental Health Resource Guide was updated in 2022, including internal and external intervention resources.

#### The fourth goal and objective was met:

4. The fourth goal and objective was achieved through maintenance of the AOD Task Force prevention education materials, at both campus locations. An online 'Mental Health is Essential' Student Survey was conducted in January 2021, which included questions gaging use of alcohol and other drugs prior to and during the COVID-19 pandemic. An overview of the results and counseling support services was presented to the Oak Point University Board of Directors - Student Experience Committee, on February 16, 2021.

#### The fifth and sixth goals and objectives were met:

- 5. Alcohol and other drug interventions were not required, during the 2021-2022 period.
- 6. Counseling & Wellness Services inventories identified six students who presented with substance use that did not warrant intervention, during the 2021-2022 period.

Goals and objectives offered for *specific focus* addressed: (1) the program level, (2) individual based programs/interventions offered on campus, (3) group based

programs/interventions offered on campus, (4) universal or entire population based programs/interventions offered on campus, and (5) universal programs geared for all faculty and staff. Assessment continued in the current biennium, as applicable to the University culture and will be re-evaluated for the 2023-2024 biennial review.

#### **AOD SWOT/C ANALYSIS**

#### Strengths and Weakness Related to Policies

Overall, Oak Point University is making a dedicated effort to address alcohol and other drug use within the campus community. The University's *Alcohol and Substance Use and Abuse* policy meets the Drug-Free Schools and Campuses Regulations and is available for community viewing, in the electronic 2021-2022 University Catalog (pp. 100-109). The current policy content is scheduled for review in 2023.

#### **Opportunities and Threats/Challenges Related to Policies**

Students completed receipt and acknowledgement of Oak Point University's *Alcohol and Substance Use and Abuse Policy* during the 2021-2022 biennium, upon program start and on an annual basis thereafter. The 2021 distribution for employees was not met, due to a variety of factors that were remedied in 2022. The policy was distributed to employees in 2022 via the electronic *HR Newsletter*. Plans to address the annual dissemination requirement include deployment of a new training platform, in 2023.

#### **Strengths and Weakness Related to Programs/Interventions**

Oak Point University's prevention education was maintained in the current biennium, with online alcohol and other drug compliance training for all students and employees. The Alcohol & Other Drug (AOD) Task Force distributed prevention education materials campus-wide at both locations, in 2021-2022.

#### Opportunities and Threats/Challenges Related to Programs/Interventions

The AOD Task Force was comprised of four members during the 2021-2022 biennium, with expansion anticipated for the 2023-2024 period. Development of additional prevention education programming will continue, in the 2023-2024 biennium.

#### GOALS, OBJECTIVES, AND RECOMMENDATIONS FOR NEXT BIENNIUM PERIOD

Goals and objectives that will receive *general focus* during the next biennium period of 2023-2024 include:

- 1. Annual notification and distribution of Oak Point University's *Alcohol and Substance Use and Abuse Policy* to all students, staff, and faculty
- 2. Fifth biennial distribution of the Core Alcohol and Drug Survey to students across all programs, in spring 2024
- 3. Further development of an AOD comprehensive program, based on the science of prevention
- 4. Continued implementation of an AOD comprehensive intervention program, based on current research, evaluation, and best practices
- 5. Maintenance of an intervention inventory with related process/outcomes data

Goals and objectives that will receive *specific focus* and the steps that will be taken to help attain them during the next biennium period of 2023-2024 include:

- 1. Outcomes Measured at the Program Level
  - Learning outcomes assessed
  - Changes in knowledge gained from program/intervention
  - Changes in attitudes gained from program/intervention
  - Changes in beliefs gained from program/intervention
  - Changes in behaviors gained from program/intervention
  - Changes in environment/trend data that can be directly attributed to program/ intervention
- 2. Outcomes Measured for Individual Based Programs/Interventions Offered on Campus
  - Motivational Interviewing
  - Individual assessment programs
  - Individual-based counseling and intervention programs
  - Employee Assistance Program referrals
  - Off-campus treatment provider referrals
- 3. Outcomes Measured for Group Based Programs/Interventions Offered on Campus
  - Wellness & Life Skills programs
- 4. Universal or Entire Population Based Programs/Interventions Offered on Campus
  - Online alcohol & drug education compliance training
  - On-site alcohol & drug education programs
  - Social media campaigns
- 5. Universal Programs Geared for All Staff and Faculty
  - Alcohol and Other Drug Task Force
  - Alcohol-free social options
  - Wellness programming

#### CONCLUSION

As an outcome of Oak Point University's previously distributed 2020 Core Survey, needs assessment data was collected for use in alcohol and other drug education and prevention programming. This report outlines ways in which the University plans to align the campus prevention and intervention programs more closely with the ideal standard. The goals, objectives, and recommendations delineated for the next biennium period address these needs.

The writer believes the goals and objectives outlined in the 2021-2022 Biennial Review report were well intentioned. They will become more attainable with further development of the AOD Task Force in 2023-2024. However, additional support may be required to develop the proposed on-campus prevention education programming and measure the associated outcomes.

#### The 2023-2024 biennial review will include:

- An evaluation of the program and policy goals and goal achievement
- An analysis of the general strengths and weaknesses of the University
- A summary of future goals and objectives
- Recommendations for program and policy revisions

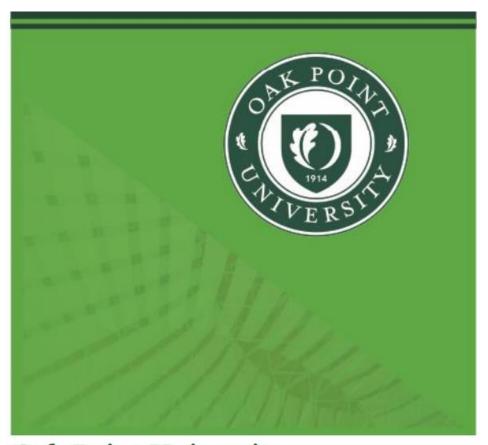
#### **APPENDICES**

- A. University Catalog, 2021-2022
- B. Student Acknowledgement Form
- C. Annual Security Reports (Chicago & Oak Brook)
- D. Core Alcohol and Drug Survey Executive Summary Report
- E. Alcohol and Substance Use and Abuse Policy
- F. National & Local Mental Health Resource Guide

#### **APPENDIX A**

### The Oak Point University Catalog 2021-2022

Oak Point University // 2021-2022 University Catalog



## Oak Point University 2021-2022 University Catalog

The 2021-2022 Oak Point University Catalog includes academic programs which will take effect for students admitted on or after the Fall 2021 semester. All policies and procedures are in effect for all members of the Oak Point University Community as of the beginning of the Fall 2021 semester. All information is subject to change.



#### **APPENDIX B**

#### Student Acknowledgement Form



#### **EVERFI - Student Compliance Training**

ResU Students,

It's that time again! It's time for annual Compliance Training! Training will take place via the EVERFI platform, which provides engaging and interactive workplace and higher education training programs.

#### What is Compliance Training at ResU?

The ResU Compliance Training program will include topics such as Title IX, Alcohol Use and Abuse, and Sexual Harassment, just to name a few. Students, Faculty, and Staff are responsible for completing **all** trainings assigned in their EVERFI platforms.



#### **APPENDIX C**

## Oak Point University (Chicago) Security Report - October 2022

Oak Point University (Chicago) ASR 2022 Final-9.30.2022.pdf









## SECURITY REPORT

Oak Point University - Chicago Campus October 1, 2022

> Oak Point University 1431 N Claremont Ave Chicago, IL 60622

> > www.oakpoint.edu

### Oak Point University (Oak Brook) Security Report - October 2022

Oak Point University (Oak Brook) ASR 2022 Final-9.30.2022.pdf









## SECURITY REPORT

Oak Point University - Oak Brook Campus October 1, 2022

> Oak Point University 2122 York Road Oak Brook, IL 60523

www.oakpoint.edu

#### **APPENDIX D**

## Oak Point University Core Alcohol and Drug Survey Executive Summary Report – Spring, 2020

# OAK POINT UNIVERSITY 2020 IHEC Spring Administration

Core Alcohol and Drug Survey Long Form Ver. 2

#### **Executive Summary Report**

Prepared by: Promise Tewogbola, MS, CHES, Graduate Assistant, Core Institute
Laura Rowald, PhD, Director, Core Institute

#### Core Institute

Department of Psychology Southern Illinois University 1125 Lincoln Drive, Mail Code 6502 Carbondale, Illinois 62901 618-453-4420

#### 2020 Oak Point University

## CORE ALCOHOL AND DRUG SURVEY REVISED EXECUTIVE SUMMARY

Number of Surveys = 21

The Core Alcohol and Drug Survey was revised to support programming efforts related to alcohol and other drug usage at two and four-year institutions. Development of this survey was in consultation with leading experts of the field. The survey retains items about the student's own use of drugs and alcohol, attitudes, perceptions, and opinions about alcohol and other drugs, and the consequences of use. New items address protective behaviors, support for policies, and expanded measures of the social atmosphere. There are also several items on students' demographic and background characteristics as well as spirituality.

For comparison purposes, some figures are included from a reference group of 3967 students from the 2020 IHEC Aggregate data.

#### Consequences of AOD Use

Whether an institution takes an abstinence position or a harm reduction approach, the fundamental problem is the resulting harm associated with the use of alcohol and other drugs. The following are some key findings on the negative consequences of alcohol and drug use:

This Institution	Reference Group	
12.5%	23.8%	of all students reported some form of public misconduct (such as trouble with police, fighting/argument, vandalism) at least once during the past year as a result of drinking or drug use.
37.5%	34.0%	of all students reported experiencing some kind of serious personal problems (such as suicidality, being hurt or injured, trying unsuccessfully to stop using) at least once during the past year as a result of drinking or drug use.
6.3%	12.1%	of all students reported some form of unwanted sexual outcome (such as unwanted sex, unprotected sex or being taken advantage of).
6.3%	13.9%	of all students reported that their drinking was identified as a problem either by themselves or a friend (thought they had a problem, someone expressed concern about their drinking, felt they needed more alcohol than they used to).

#### **Consequences of Alcohol**

The proportion of students who report having had problems as a result of drinking is another indicator of the level of substance abuse. The percentages of students who reported that within the past year they had various problematic experiences are given in Table 1. The top group of items represents public misconduct. The second group represents possibly serious personal problems. The third group represents sexual problems. The last group consists of driving behaviors.

**Table 1 - Problematic Experiences** 

This Institution	<u>Reference</u>	
THIS HISTIGUISH	<u>Group</u>	<u>Experience</u>
0.0%	3.5%	Been in trouble with campus police, residence hall, or other college authorities
0.0%	2.8%	Been in trouble with off-campus police, or other community authorities
0.0%	2.6%	Damaged property, pulled fire alarms, etc.
12.5%	17.2%	Got into an argument or verbal fight
6.3%	3.9%	Got into a physical fight
0.0%	7.4%	Went to class under the influence
12.5%	12.2%	Performed poorly on a test or important project
0.0%	6.8%	Tried unsuccessfully to reduce drinking
0.0%	12.5%	Injured themselves
0.0%	4.0%	Injured others
31.3%	24.9%	Spent too much money
0.0%	8.8%	Thought about suicide
0.0%	2.2%	Tried to commit suicide
0.0%	6.3%	Been taken advantage sexually
0.0%	5.9%	Had sex when they did not want to
6.3%	8.1%	Had unprotected sex
6.3%	10.3%	Drove while under the influence
10.5-1	10.6-1	
18.8%	19.2%	Rode in a car with the driver under the influence

#### Key Findings from Students Drinking Behaviors at this Institute

of students reported heavy episodic drinking in the previous two weeks (consuming 5 or more drinks for males and 4 or more drinks for females in one sitting). The reference group average is 39.1%

We classify these individuals as Heavy and Frequent drinkers whom pose a particular challenge to your programming efforts as they are a minority experiencing the majority of problems. Some researchers see this group as a paradoxical problem (High resource requirements for a small population) and not viable targets for common interventions. Whether this population of students are the targets of interventions or not, they are a particularly at risk population.

0.0% of students are classified as Heavy and Frequent drinkers (consuming 5 or more drinks for males and 4 or more drinks for females in one sitting, plus drinking 3 times per week or more). The reference group average is 13.8%.

Following are some key findings on the general use of alcohol.

This Institution	Reference Group	
88.9%	66.1%	of the students consumed alcohol in the past year ("annual prevalence").
70.6%	53.3%	of the students consumed alcohol in the past 30 days ("30-day prevalence").
0.0%	39.1%	of underage students (younger than 21) consumed alcohol in the previous 30 days.

Not everything is bad news.

4.8% of students never drank to intoxication.

The percentage of the top 5 sources for how underage students on your campus obtain alcohol are:

0.0%	Friends older than 21
0.0%	Parents (with their knowledge)
0.0%	Bars or stores that did not ask for ID
0.0%	Adult acquaintances
0.0%	Using fake/altered ID

# Key Findings from Students' Drinking Behaviors at this Institute Continued Of the students who drank in the past year (70.5%):

The average number of drinks consumed by drinkers per week at this institution is 4.8 drinks. The reference group average is 10.6 drinks.

The graph below represents the typical drinking patterns of students that drink.

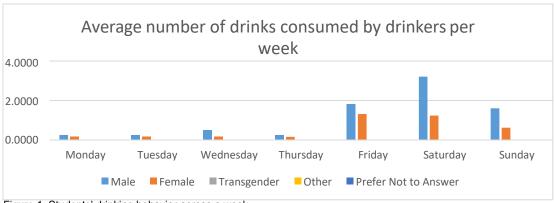


Figure 1. Students' drinking behavior across a week.

To support harm reduction efforts, we report on the behaviors that students already engage in to moderate the effects of their drinking. Below are the <u>5 most often used behaviors</u> on your campus. Programming could be tailored to support, encourage or expand upon students' own efforts.

94.1% Use a designated non-drinking driver

88.9%	Keep track of how many drinks you have had
88.9%	Know where your drink has been at all times
88.9%	Alternate non-alcoholic beverages with alcoholic drinks
85 7%	Eat food before or while drinking

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To provide a fuller picture, the  $\underline{5}$  least often used strategies are listed below. These can help inform programming efforts regarding potential educational topics.

11.1% Intentionally not eat food before drinking
23.5% Monitor your BAC (Blood Alcohol Concentration) to reduce drinking-related problems
35.3% Chug Alcohol
50.0% Hold a drink so people stop bothering you about drinking
61.1% Put extra ice in your drink

<u>Top 5 venues</u> for drinking. Education, policy and enforcement efforts should keep these locations and events in mind whenever they are discussed.

<u>Locations</u>	<u>Event</u>
Off-campus residences	Relaxing in your residence
Bars/Restaurants	Visiting at a friend's residence
Other locations	At a party
On-campus residence	On a date
In a car	Pre-gaming

#### **Key Findings on Marijuana**

Marijuana has long been the second most prevalent drug used on campuses.

This Institution	Reference Group	
44.8%	26.2%	of the students have used marijuana in the past year ("annual prevalence").
29.4%	20.7%	of the students are current marijuana users ("30-day prevalence").

16.7% of students that use marijuana reported driving under its influence.

**Key Findings on Prescription Drugs:** Prescription drugs, as an overall category, have become the third most used and abused substance on college campuses.

<u>This</u>	Reference	
Institution	<u>Group</u>	
62.5%	31.9%	of the students used a prescription drug in the past year ("annual prevalence").
5.6%	14.8%	of the students are current users of prescription drugs ("30-day prevalence").

The most frequently reported prescription drugs used in the last

year: Prescription Drugs:

37.5%	Sedatives/Anti-Anxiety (Valium, Xanax)
5.6%	Inhalants
5.6%	Amphetamines

The most frequently reported sources for prescription

drugs: Sources of Prescription Drugs:

14.3%	Legitimate prescription
14.3%	Given by a family member
9.5%	Friends at home

### **Key Findings on Other Illegal Drugs**

Following are some key findings on the use of illegal drugs

This Institution	Reference Group	
11.1%	11.0%	of the students have used an illegal drug other than marijuana in the past year ("annual prevalence").
5.9%	6.0%	of the students are current users of illegal drugs other than marijuana ("30-day prevalence").

The most frequently reported illegal drugs used in the past 30 days were:

5.9%	Amphetamines
5.6%	Sedatives
0.0%	Cocaine

Following are some key findings on opinions about the campus environment.

- 62.5% of students felt valued or that staff cared about them;
- 18.3% of students felt that the campus encourages students to seek help with drinking problems.
- 61.1% of students indicated a high-pressure environment;
- 61.1% of students indicated an environment where drinking is celebrated.

In contrast, 94.1% of students indicated that their decision to not drink is respected by other students.

- of students indicated a disruptive environment;
  considered transferring due to other students' drinking;
  believe the schools' academic reputation is reduced by other students' drinking.
  of students indicated the campus promotes alcohol or drug use;
  believe that is acceptable to engage questionable drinking;
- 11.8% believe that it is acceptable to miss a class due to a hangover, or drive after drinking.

Social Norming Theory suggests that if students perceive a culture of drug use, and the students identify with the cultural element, they are more likely to participate in the behavior. The discrepancies between student behaviors and their perceptions of average student behaviors appears below. Programming goals could be to educate against misperceptions such as these:

88.9% of students believe the average student on campus uses Alcohol once a week or more often, but in fact, only 61.1% actual students report usage at that rate.

61.1% of students believe the average student on campus uses Marijuana once a week or more often, but in fact, only 0.0% actual students report usage at that rate.

38.9% of students believe the average student on campus uses Tobacco once a week or more often, but in fact, only 11.1% actual students report usage at that rate.

11.1% of students believe the average student on campus uses Prescription Pain Medication once a week or more often, but in fact, only 0.0% actual students report usage at that rate.

27.8% of students believe the average student on campus uses Prescription Stimulants once a week or more often, but in fact, only 12.5% actual students report usage at that rate.

27.8% of students believe the average student on campus uses Prescription Stimulants once a week or more often, but in fact, only 12.5% actual students report usage at that rate.

#### **Use of Drugs**

The following tables provide additional details about students' reported use of drugs at this institution. Unless otherwise indicated, percentages are based on the total number of students responding validly to a given item.

For comparison purposes some figures are included from a reference group defined on page one.

In general, substantial proportions of students report having used alcohol, tobacco, and marijuana in response to the question, "Within the last year, how often did you\_\_\_\_\_?" whereas comparatively fewer report having used each of the other substances. This question examines "Annual prevalence" as opposed to 30-day prevalence and regular use (3X/week or more).

Table 2 describes lifetime prevalence, annual prevalence, 30-day prevalence, and high frequency use (3 times a week or more).

Table 2 - Substance Use

	<u>AnnualPr</u>	<u>evalence</u>	30-DayPrevalence	3X/Weekormore
<u>Substance</u>	This Institution	Reference Group	<u>This</u> <u>Referenc</u> <u>Institution</u> <u>Group</u>	e <u>This</u> Reference Institution Group
Prescriptions	62.5%	31.2%	5.6% 15.2%	25.0% 12.8%
Tobacco	16.7%	25.5%	11.8% 16.0%	11.1% 11.1%
Alcohol	88.9%	66.1%	70.6% 53.3%	5.6% 13.6%
Marijuana	44.4%	31.0%	29.4% 20.0%	0.0% 10.0%
Cocaine	0.0%	3.4%	0.0% 1.7%	0.0% 0.7%
Amphetamines	5.6%	3.1%	5.9% 1.2%	0.0% 0.2%
Sedatives	37.5%	9.3%	5.6% 4.2%	0.0% 2.6%
Hallucinogens	0.0%	0.5%	0.0% 0.6%	0.0% 0.2%
Opiates	0.0%	1.7%	0.0% 0.7%	0.0% 0.2%
Inhalants	5.6%	5.0%	0.0% 2.0%	0.0% 0.1%
Designer drugs	0.0%	1.4%	0.0% 1.0%	0.0% 0.4%
Steroids	0.0%	1.4%	0.0% 0.8%	0.0% 0.2%

#### Notes:

Coll. = Oak Point University

Ref. = Reference group of 3967 college students

#### **Differences among Student Groups**

Table 3 compares substance use patterns and consequences of several campus groups: males and females, younger and older, academically more and less successful, and on and off-campus residents.

Table 3 - Differences among Student Groups

	Birth	Birth Sex		<u>Age</u>		Average Grades Campus Residency			
	Female	Male	16-20	21+	A-B	C-F	On	Off	
Sample Sizes	15	5	0	17	18	1	0	19	
Currently use (in the past 30 days) alcohol	69.2%	75.0%	0.0%	73.3%	68.8%	100.0%	0.0%	68.8%	
Currently use (in the past 30 days) marijuana	38.5%	0.0%	0.0%	26.7%	31.3%	0.0%	0.0%	25.0%	
Currently use (in the past 30 days) prescription	7.1%	0.0%	0.0%	6.7%	5.9%	0.0%	0.0%	5.9%	
Currently use (in the past 30 days) illegal drugs other than marijuana	7.7%	0.0%	0.0%	6.7%	6.3%	0.0%	0.0%	6.3%	
Considered a Heavy and Frequent Drinker	38.3%	50.0%	0.0%	35.7%	40.0%	0.0%	0.0%	40.0%	
Have driven a car while under the influence during past year	8.3%	0.0%	0.0%	7.1%	6.7%	0.0%	0.0%	6.7%	
Have been taken advantage of sexually during past year	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	

Table 4 further compares substance use patterns and consequences of several other campus groups: Greek leaders/members and non-members, intercollegiate athlete leaders/members and non-athletes, religious group leaders/members and non-members, and race (i.e., white versus other).

**Table 4 Differences among Other Student Groups** 

	<u>Greeks</u>		Intercollegiate Athletes		Religious Group		<u>Race</u>	
	Ldr/Mbr	Non-Mbr	Ldr/Mbr	Non-Mbr	Ldr/Mbr	Non-Mbr	White	Other
Sample Sizes	0	20	0	20	1	14	15	5
Currently use (in the past 30 days) alcohol	0.0%	70.6%	0.0%	70.6%	100.0%	54.5%	84.6%	33.3%
Currently use (in the past 30 days) marijuana	0.0%	29.4%	0.0%	29.4%	0.0%	27.3%	30.8%	0.0%
Currently use (in the past 30 days) prescription	0.0%	5.6%	0.0%	5.6%	0.0%	0.0%	7.1%	0.0%
Currently use (in the past 30 days) illegal drugs other than marijuana	0.0%	5.9%	0.0%	5.9%	0.0%	9.1%	7.7%	0.0%
Considered a Heavy and Frequent Drinker	0.0%	37.5%	0.0%	37.5%	0.0%	30.0%	35.7%	100.0%
Have driven a car while under the influence during past year	0.0%	6.3%	0.0%	6.3%	0.0%	10.0%	7.1%	0.0%
Have been taken advantage of sexually during past year	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

# **Sample Demographics**

Following are some summary characteristics of the students who completed and returned the questionnaire.

# Your Institution

75.0%	were female
95.2%	were BSN
4.8%	were BSIT
11.8% 100.0%	Were in the "typical" college age range of 18-22 lived off campus
65.0%	worked part-time or full-time
95.0%	were full time students

#### **APPENDIX E**

# Alcohol and Substance Use and Abuse Policy



Policy Title: Alcohol and Substance Use and Abuse

**Purpose:** This policy describes alcohol and substance use/abuse and the University's role in maintaining an atmosphere which promotes a high quality learning environment.

#### Alcohol and Substance Use and Abuse

- 1. The University expects compliance with all local, state, and federal laws governing alcohol, illegal drugs, prescribed medications, and non-prescribed drugs and substances which can carry severe penalties, including but not limited to, imprisonment and substantial fines.
- 2. It is the responsibility of all faculty, staff, and students to identify students' behavior that leads to the suspicion of alcohol and/or drug use and to implement the procedures associated with the suspicion.
- 3. None of the following symptoms and signs listed is in itself indicative of alcohol or drug abuse. However, when any of these are persistent or frequently recurrent, and in conjunction with failing attendance and/or performance, in an academic setting the instructor should partner with the Program Director or Dean or in a University setting, an Oak Point employee should refer the student to an Emergency Department for a fitness evaluation, as outlined in Paragraphs 13-15 below:
  - Slurred speech
  - Dullness, drowsiness
  - Difficulty in concentrating or making decisions, confusion
  - Redness of eyes, nose
  - Tremulousness
  - Frequent and prolonged trips to rest room (with a change in symptoms)
  - Aggressive behavior, loud talking, giggling, silliness
  - Hallucinations (seeing or hearing things that are not there)
  - Feelings that everyone is talking about him/her or are trying to hurt him/her
  - Rapid speech, extreme elation, laughing
  - Slow depressed speech, extreme sadness, crying
  - Alternations between the last two symptoms within the same day, or within a few days
  - Odor resembling alcohol on breath at any time during class or clinical hours, especially prior to class time or after lunch

- Recurrent 1 or 2 day "sickness" (especially "stomach" or "flu"), requests for "funeral" or "court" time
- 4. Under-age students with alcohol on their breath or other signs of intoxication will be considered in violation of the law.
- 5. The University reserves the right to notify the parent(s) of underage students who violate this policy and/or refer violations of the law to civil authorities for prosecution.
- 6. The University encourages students who believe that alcohol and/or a substance is having an unfavorable effect on their life, who believe they have an abuse problem, or who believe a fellow student has an abuse problem, to seek assistance through Counseling & Wellness Services.
- 7. The University may refer students with alcohol and/or substance abuse problems beyond its means to outside rehabilitative or counseling services.
- 8. The University provides annual training to its students, faculty, and staff concerning alcohol and substance abuse in accordance with the Drug-Free Schools and Communities Act.
- 9. Progressive disciplinary action, as outlined in the Student Code of Conduct, up to and including dismissal from the program and referral for prosecution will be taken against anyone involved in the purchase, use, sale, distribution, or possession of unlawful substances or abuse and/or misuse of alcohol.
- 10. Students who are suspected of being under the influence while on campus and/or at a clinical agency will be asked to turn over their car keys voluntarily. If the student is not willing to do so, then Security or 911 will be called.
- 11. Students who are suspected of being under the influence while on campus or at a clinical agency will be asked to consent to transport to the nearest Emergency Department.
- 12. If a student refuses to visit the Emergency Department and becomes agitated, hostile, threatening, and/or violent, then the Oak Point employee should call Security or dial 911.
- 13. It is the responsibility of the nearest Emergency Department to assess, test, and render a medical impression regarding a student suspected of alcohol intoxication or drug use. The Emergency Department primary care provider conducts a physical assessment of the student, including any and all tests deemed necessary by the primary care provider.
- 14. It is the responsibility of the student to execute the required forms, including HIPAA authorization forms and forwarding information, to ensure that the University receives alcohol/drug-related results from the Emergency Department primary care provider in a timely manner.
- 15. A student who refuses any part of the assessment or tests as ordered for diagnosis by the primary care provider, or refuses to execute the required forms, will be suspended immediately and may be dismissed from the University.
- 16. It is the responsibility of the Dean or Program Director to review documentation submitted by the Emergency Department primary care provider, faculty, and staff in order to initiate disciplinary proceedings if appropriate.

17. Information shared by students with University professionals is considered privileged and subject to the standards of confidentiality and privacy established by applicable professional codes of ethics.

#### <u>Alcohol</u>

- 18. Students must recognize the potential harmful effects of consuming alcohol, including but not limited to liver disease, anemia, increased risk for certain types of cancer, increased risk of heart attack and/or stroke, dementia, depression, seizures, gout, high blood pressure, nerve damage, and suppressed immune system.
- 19. Oak Point University prohibits the purchase, use, sale, distribution, or possession of alcohol on University premises, including all locations used for programs and educational experiences, or at off-campus social events sponsored by the University where currently enrolled students will be in attendance, regardless of funding for the event.
  - Limited exception: The only exception to this provision applies to moderate consumption and/or
    possession of alcohol on University premises or at approved functions (e.g., receptions) by those
    legally permitted to consume or distribute alcohol. Such functions must comply with all applicable
    University guidelines, as well as federal, state, and local law.
    - University guidelines:
      - a. Alcoholic beverages may not be served on University premises or at functions without prior, written approval from the President.
      - b. At any event where alcoholic beverages are served:
        - There may be no reference to the availability of alcohol in event publicity;
        - ii. Only beer or wine may be served;
        - iii. Consumption of alcoholic beverages beyond the physical boundaries of the designated event space is prohibited;
        - iv. Anyone, including staff, who is selling or serving alcohol must have Beverage Alcohol Sellers and Servers Education and Training (BASSET) for all staff selling or serving alcohol;
        - v. For events at which If individuals under 21 may be present, anyone serving alcohol must check photo identification, and appropriate precautions must be taken to ensure that event participants under 21 do not have access to alcohol:
        - vi. Portions of alcoholic beverages served shall be moderate;
        - vii. Sufficient amounts of non-alcoholic beverages and non-salty food must be available.
- 20. Serving, purchasing, selling, or in any way providing alcoholic beverages to or for anyone who is under the age of 21 is a misdemeanor violation.
- 21. Advertising that states or suggests that alcohol will be available at an event is prohibited for student organization-sponsored events.
- 22. The University prohibits alcohol purchases with student activity fee funds.

#### **Substance Abuse**

23. Students must recognize the potential harmful effects of consuming illicit drugs and/or prescribed medications inappropriately. Any drug a person takes illegally poses some level of risk. The risks of

using any drug illegally are determined by many different factors and range in level of severity, up to and including death. There are many potential harmful effects of consuming illicit drugs, including but not limited to the following: increased or irregular heart rate, increased blood pressure, increased risk of stroke and/or heart attack, convulsions, anorexia, difficulty breathing, confusion, anxiety, mental disturbance, changes in personality, learning problems, and loss of memory.

- 24. The University considers the use, possession, cultivation, production, sale, distribution, transfer, manufacture, and purchase of any illegal or controlled substance to be unacceptable behavior.
- 25. The use of prescribed medications by persons for whom the medications were not prescribed or not in conformity with the prescription, distribution or transfer of prescription medication to others, the misuse or abuse of prescribed or over-the-counter medications, and the misuse or abuse of inhalants are violations of this policy.
- 26. Students must notify their instructor, Program Director, or Dean at the time of admission and during their program, when health alteration occurs while taking prescribed medication that could adversely affect their performance.
  - a. If the student informs their instructor, then the instructor is to notify the Dean or Program Director.
- 27. Clinical agencies may impose special drug testing requirements for students practicing at that clinical/internship site; such requirements are completed at the expense of the student. If the Dean or Program Director determines that the student does not pose a threat to his/her own safety or the safety of others, and that the student's performance is not significantly affected by the use of the specific declared medication, the student may be placed in a different clinical agency, when possible.
- 28. If the student does not notify the Dean or Program Director of the use of a licit drug, and the drug testing returns a positive result, the student will be referred to the Dean or Program Director who will have discretion and may take the following actions:
  - i. Withdrawal of the offer of enrollment
  - ii. Request medical records to verify the need for the medication
  - iii. Referral to an outside treatment agency
  - iv. Referral to inpatient or outpatient treatment
  - v. Referral for involvement with Alcoholics Anonymous, Narcotics Anonymous, Al-Anon, or Alateen
  - vi. Dismissal from the program
- 29. All expenses incurred for the alcohol and/or substance abuse test will be paid by the student directly to the University-authorized agency.

#### Illinois Sanctions For Violation of Alcohol Control Statutes

235 Illinois Compiled Statutes 5/6-21

- A. It is a Class B Misdemeanor to possess or sell alcohol if you are under 21. \*
- B. It is a Class A Misdemeanor to sell, give, or furnish false ID to an individual 21 years old or under (minimum \$500 fine).
- C. It is a Class B Misdemeanor to use or possess a false ID if you are under 21. \*
- D. It is a Class A Misdemeanor to sell, give, or deliver alcohol to individuals under 21 years of age. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$1 to \$1,000 and up to 1 year in the county jail.

Class B Misdemeanors are punishable with a fine of \$1 to \$500 and up to six months in the county jail.

• These violations may also result in one's driver's license being administratively revoked or suspended by the Illinois Secretary of State's office.

#### Illinois Sanctions For Driving Under The Influence

625 Illinois Compiled Statutes 5/11-501

A. If you are convicted of drunk driving or driving while under the influence of drugs, it is a Class A Misdemeanor. Your driver's license may be suspended or revoked and you will undergo a mandatory counseling program, as well as pay a fine up to \$1,000 and serve up to one year in the county jail.

For your second offense, you will serve a mandatory jail sentence of 48 hours, or spend 10 days in community service, in addition to the above penalties. Your driver's license will be suspended indefinitely.

For your third offense, or in a situation where great bodily harm or injury has resulted from your conduct, you are guilty of a Class 4 Felony, which could result in a term in the state prison for 1 to 3 years, as well as revocation of your license.

B. If you are convicted of illegal transportation of alcohol in a motor vehicle, you are guilty of a petty offense and will be fined up to \$500 and suspension of driver's license for 3 months.

#### Illinois Penalties For Drinking and Driving Under Age 21

Violation Type	Zero Tolerance (BAC of .01 or Greater)	DUI Conviction (BAC of .08 or Greater)
Loss of Driving Privileges (1st Violation)	3 Months	2 years minimum
Loss of Driving Privileges Test Refusal (1st Violation)	6 months	2 years minimum
Loss of Driving Privileges (2 <sup>nd</sup> Violation)	1 years	Until age 21 or 3 years minimum
Loss of Driving Privileges Test Refusal (2 <sup>nd</sup> Violation)	2 years	Until age 21 or 3 years minimum

#### **Effect on Driving Record**

Except during suspension period, violation is not on public driving record as long as there is no subsequent suspension permanently on public driving record.

### State of Illinois Statutory Provisions For Illegal Drugs Manufacture or Delivery

	Manufacture or Delivery (720 Illinois Compiled Statutes 570/401)				Possession (720 ILCS 570/402)	
Illegal Drugs	Class X	Class 1	Class 2	Class 3	Class 1	Class 4
	Felony	Felony	Felony	Felony	Felony	Felony

	6 to 30 years not more than \$500,000 fine	4 to 15 years not more than \$250,000 fine	3 to 7 years not more than \$200,000 fine	2 to 5 years not more than \$150,000 fine	4 to 15 years not more than \$20,000 fine	1 to 4 years not more than \$15,000 fine
Heroin	15 grams or more	10-14 grams	10 grams or less		15 grams or more	less than 15 grams
Cocaine	15 grams or more	1-14 grams	1 gram or less		15 grams or more	less than 15 grams
Morphine	15 grams or more	10-14 grams	10 grams or less		15 grams or more	less than 15 grams
Peyote	200 grams or more	50-199 grams		50 grams or less	200 grams or more	less than 200 grams
Barbiturates	200 grams or more	50-199 grams		50 grams or less	200 grams or more	less than 200 grams
Amphetamines	200 grams or more	50-199 grams		50 grams or less	200 grams or more	less than 200 grams
Lysergic Acid (LSD)	15 grams or more	5 to 14 grams or hits		5 grams or less	15 grams or more	less than 15 grams
Pentazocine	30 grams or more	10 to 29 grams		10 grams or less	30 grams or more	less than 30 grams
Methaqualone	30 grams or more	10 to 29 grams		10 grams or less	30 grams or more	less than 30 grams
Phencyclidine	30 grams or more	10 to 29 grams		30 grams or less	30 grams or more	less than 30 grams
Ketamine	30 grams or more	11 to 30 grams		less than 10 grams	30 grams or more	less than 30 grams
GHB	200 grams or more	50 to 200 grams		less than 50 grams	200 grams or more	less than 200 grams
Ecstasy	200 grams or more	50 to 199 grams		50 grams or less	200 grams or more	less than 200 grams

Note: Second Offense, double jail sentence and fine. This chart gives examples of the penalties which may be imposed on individuals convicted of drug possession, manufacturing, or delivery. The circumstances of the case and other factors affect whether or not these are the actual penalties imposed.

#### Marijuana Sale or Delivery (720 Illinois Compiled Statutes 550/5)

Class B Misdemeanor: 2.5 grams or less, \$500 fine and/or six months in jail Class A Misdemeanor: 2.5-10 grams or less, \$1,000 fine and/or one year in jail Class 4 Felony: between 10-30 grams, 1-3 years in jail and/or \$10,000 fine

Class 3 Felony: between 30-500 grams, 2-5 years in jail and/or fine not to exceed \$50,000

Class 2 Felony: 500 or more grams, 3-7 years in jail and/or fine not to exceed \$100,000

#### Possession (720 Illinois Compiled Statutes 550/4)

Class C Misdemeanor: 2.5 grams or less, \$500 fine and/or thirty days in jail Class B Misdemeanor: between 2.5-10 grams, \$500 fine and/or six months in jail Class A Misdemeanor: between 10-30 grams, \$1,000 fine and/or one year in jail Class 4 Felony: between 30-500 grams, 1-3 years in jail and/or \$10,000 fine Class 3 Felony: over 500 grams, 2-5 years in jail and/or fine not to exceed \$50,000

#### **Federal Drug Laws**

The possession, use, or distribution of illicit drugs is prohibited by federal law. Strict penalties are enforced for drug convictions, including mandatory prison terms for many offenses. The following information, although not complete, is an overview of federal penalties for first convictions. All penalties are doubled for any subsequent drug conviction.

#### Denial of Federal Aid (20 USC 1091)

Under the Higher Education Act of 1998, students convicted under federal or state law for the sale or possession of drugs will have their federal financial aid eligibility suspended. This includes all federal grants, loans, federal work study programs, and more. Students convicted of drug possession will be ineligible for one year from the date of the conviction of the first offense, two years for the second offense, and indefinitely for the third offense. Students convicted of selling drugs will be ineligible for two years from the date of the first conviction, and indefinitely for the second offense. Those who lose eligibility can regain eligibility by successfully completing an approved drug rehabilitation program.

#### Forfeiture of Personal Property and Real Estate (21 USC 853)

Any person convicted of a federal drug offense punishable by more than one year in prison shall forfeit to the United States any personal or real property related to the violation, including houses, cars, and other personal belongings. A warrant of seizure is issued and property is seized at the time an individual is arrested on Charges that may result in forfeiture.

#### Federal Drug Trafficking Penalties (21 USC 841)

Penalties for federal drug trafficking convictions vary according to the quantity of the controlled substance involved in the transaction. The following list is a sample of the range and severity of federal penalties imposed for first convictions. Penalties for subsequent convictions are twice as severe.

If death or serious bodily injury result from the use of a controlled substance which has been illegally distributed, the person convicted on federal charges of distributing the substance faces mandatory life sentence and fines ranging up to \$8 million.

Persons convicted on federal charges of drug trafficking within 1,000 feet of a University (21 USC 845a) face penalties of prison terms and fines which are twice as high as the regular penalties for the offense, with a mandatory prison sentence of at least 1 year.

Drug/Substance	Amount	Penalty - 1st Conviction
Barbiturates	Any amount	Up to 5 years prison. Fine up to \$250,000
Cocaine	5 kgs. or more	Not less than 10 years prison, not more than life. Fine up to \$4 million

	Less than 100 grams	10-63 months prison. Fine up to \$1 million			
Crack Cocaine	50 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million			
	5-49 grams	Not less than 5 years prison, not more than 40 years. Find up to \$2 million			
	5 grams or less	10-63 months prison. Fine up to \$1 million			
Ecstasy	Any amount	Up to 20 years imprisonment. Fine up to \$1 million. 3 years of supervised releases (following prison)			
GHB	Any amount	Up to 20 years imprisonment. Fine up to \$1 million. 3 years of supervised releases (following prison)			
Hashish	10-100 kg	Up to 20 years imprisonment. Fine up to \$1 million.			
	10 kg or less	Up to 5 years imprisonment. Fine up to \$250,000			
Hash Oil	1-100 kg	Up to 20 years imprisonment. Fine up to \$1 million.			
	1 kg or less	Up to 5 years imprisonment. Fine up to \$250,000			
Heroin	1 kg or more	Not less than 10 years prison, not more than life. Fine up to \$4 million			
	100-999 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million			
	100 grams or less	10-63 months prison. Fine up to \$1 million			
Ketamine	Any amount	Up to 5 years imprisonment. Fine up to \$250,000. 2 years supervised release			
LSD	10 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million			
	1-10 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million			
Marijuana	1000 kg or more	Not less than 10 years prison, not more than life. Fine up to \$4 million			
	100-999 kg	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million			
	50-99 kg	Up to 20 years imprisonment. Fine up to \$1 million			
	50 kg or less	Up to 5 years imprisonment. Fine up to \$250,000			
Methamphetamine	50 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million			
	10-49 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million			
	10 grams or less	10-21 months prison. Fine up to \$1 million			

PCP	100 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million		
10-99 grams 10 grams or less		Not less than 5 years prison, not more than 40 years. Fine up to \$2 million		
		10-21 months prison. Fine up to \$1 million		
Rohypnol	1 gram or more	Up to 20 years imprisonment. Fine up to \$1 million		
	less than 30 mgs	Up to 5 years imprisonment. Fine up to \$250,000		

#### Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000 up to a maximum of \$100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000. Possession of drug paraphernalia is punishable by a minimum fine of \$750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to \$250,000, or both if:

- A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
- B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
- C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

#### **APPENDIX F**

# NATIONAL & LOCAL MENTAL HEALTH RESOURCE GUIDE



Counseling & Wellness Services (CWS)

### NATIONAL & LOCAL MENTAL HEALTH RESOURCE GUIDE

FOR LIFE-THREATENING AND IMMEDIATELY DANGEROUS SITUATIONS CALL 911

# **CRISIS LINES**

In addition to 911, these numbers are available 24 hours/day - 7 days/week.

#### 988 SUICIDE & CRISIS LIFELINE

Call or Text 988 Chat online here

#### **ASCENSION HEALTH CRISIS LINE**

708-681-4357 (708-681-HELP)

#### **CRISIS TEXT LINE:**

Text HOME to 741741

# **CRISIS & HOTLINE RESOURCES**

#### CHILDHELP - NATIONAL CHILD ABUSE HOTLINE

800-422-4453 (800-4-A-Child)

Text 800-422-4453

Advocacy, intervention, treatment, prevention, and community outreach for abused, neglected, and at-risk children.

Childhelp

#### **COMMUNITY CRISIS CENTER**

847-697-2380

Español: 847-697-9740

Assistance with domestic violence, sexual assault, homelessness, suicide, and other crises for those in the greater Chicago metropolitan area.

Community Crisis Center

#### **DRUGREHAB.COM HOTLINE**

855-520-2898

Information, resources, and rehab treatment for people with addiction and related conditions. <u>DrugRehab.com</u>

# ILLINOIS COALITION FOR IMMIGRANT & REFUGEE RIGHTS (ICIRR) – FAMILY SUPPORT NETWORK (FSN) AND HOTLINE

855-435-7693

Legal, social services, ministry, law enforcement, and political action support for families torn apart by the immigration system.

ICIRR | Family Support Network

# ILLINOIS DEPARTMENT OF CHILDREN & FAMILY SERVICES (DCFS) – ABUSE HOTLINE 800-252-2873 (800-25-ABUSE)

To report suspected child abuse or neglect.

Child Protection | Reporting Child Abuse and Neglect

### ILLINOIS DEPARTMENT ON AGING - ADULT PROTECTIVE SERVICES

866-800-1409

To report suspected abuse, neglect, financial exploitation, or self-neglect of a person 60 years of age or older and adults 18-59 who have a disability and reside in a domestic setting. Illinois Department on Aging

#### ILLINOIS MENTAL HEALTH COLLABORATIVE - WARM LINE

866-359-7953

Recovery education for mental health and substance use conditions, community resource information, emotional support, and referrals.

Illinois Mental Health Collaborative

#### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) - ILLINOIS

800-950-6264 (800-950-NAMI)

**Text HELPLINE to 62640** 

Chat online here

Referrals, resources, emotional support, educational courses, and support groups for families and individuals suffering from serious mental illness.

**NAMI Illinois** 

# NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS (ANAD) 888-375-7767

Support groups and services for individuals struggling with an eating disorder regardless of age, race, gender identity, sexual orientation, or background.

ANAD

#### NATIONAL DOMESTIC VIOLENCE HOTLINE

800-799-7233 (800-799-SAFE)

Text START to 88788

Chat online here

Assistance for survivors of domestic violence including compassionate support, crisis intervention information, education, and referral services in over 200 languages.

National Domestic Violence Hotline

#### NATIONAL MENTAL HEALTH HOTLINE

866-903-3787

Assistance for individuals experiencing a mental health crisis including emotional distress, thoughts of harm to self or others, and the inability to function or calm down.

Mental Health Hotline

#### **NATIONAL RUNAWAY SAFELINE**

800-786-2929 (800-RUNAWAY)

Text 66008

Serves youth and families in crisis, as the national communications system for runaway and homeless youth.

National Runaway Safeline

# RAPE, ABUSE, AND INCEST NATIONAL NETWORK (RAINN) – SEXUAL ASSAULT HOTLINE

800-656-4673 (800-656-HOPE)

Chat online here

Programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

**RAINN** 

#### SARAH'S INN

708-386-4225

Text 708-669-6149

Emergency assistance and holistic intervention services for adults and children impacted by domestic violence.

Sarah's-Inn

# SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) - NATIONAL HELPLINE

800-662-4357 (800-662-HELP)

**Text** your 5-digit zip code to **435748 (HELP4U)**, for treatment referrals.

Disaster Distress: Call or Text 800-985-5990

Information and referrals for individuals and family members facing mental and/or substance use disorders, including support groups and community-based organizations.

SAMHSA's National Helpline

#### THE TREVOR PROJECT

866-488-7386

**Text START to 678678** 

Chat online <u>here</u>

Crisis intervention and suicide prevention services for lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24.

The Trevor Project

#### **VETERANS CRISIS LINE**

Dial 988 \*Press 1

**Text 838255** 

Chat online here

Connects Veterans in crisis (even if not enrolled in VA benefits or health care) and their

families and friends with responders specially trained to support them. Veterans Crisis Line

# **COMMUNITY RESOURCES**

#### **ALL ALONG**

Rachel Kazez, LCSW

Individualized consultation for people across the US and Canada to help them understand mental health and navigate mental health services.

All Along

#### **ASCENSION ILLINOIS BEHAVIORAL MEDICINE**

855-383-2224

Inpatient and outpatient mental health treatment for all ages. Call or visit online for general information and locations.

Ascension | Mental Health Care in Chicagoland

#### **ASCENSION SAINTS MARY & ELIZABETH OUTPATIENT BEHAVIORAL HEALTH CLINIC**

Clinic Intake: 312-770-2905

Rachel Kazez, LCSW: 312-491-5407 – Oak Point University Student Liaison

Call to inquire about outpatient mental health services and sliding scale rates.

#### CATHOLIC CHARITIES OF THE ARCHDIOCESE OF CHICAGO

Cook County: 312-655-7700 Lake County: 847-782-4000

Network of services for children, youth, families, mothers and their babies, seniors, and

veterans.

Catholic Charities of the Archdiocese of Chicago

#### **CENTER ON HALSTEAD**

773-472-6469

Advancing community and securing the health and well-being of the lesbian, gay, bisexual, transgender, and queer (LGBTQ) people of Chicagoland.

Center on Halsted | Community Center

#### **COMMUNITY COUNSELING CENTERS OF CHICAGO (C4)**

773-769-0205

Behavioral health advocate and social service provider with a range of services to help clients manage mental health problems, overcome substance use, and begin the path to recovery. Community Counseling Centers of Chicago

### DEPRESSION AND BIPOLAR SUPPORT ALLIANCE (DBSA)

Chicago: 773-465-3280 National: 800-826-3632 Text DBSA to 741741

Self-help organization providing hope, help, support, and education to individuals with mood disorders, their families, and friends.

Chicago: DBSA | Depression and Bipolar Support Alliance of Greater Chicago

National: DBSA | Depression and Bipolar Support Alliance

#### **HEARTLAND ALLIANCE**

312-660-1300

Health Centers: 773-275-2586

Programs to advance social, racial, and economic justice focused on health and healing,

safety and justice, and economic opportunity.

Heartland Alliance

#### PILLARS COMMUNITY HEALTH

708-745-5277 (708-PILLARS) Domestic Violence: 708-485-5254 Sexual Assault: 708-482-9600

Health and social services for individuals and families addressing physical and behavioral

health, prevention education and outreach, and domestic / sexual violence.

Pillars Community Health

#### **THRESHOLDS**

Main Line: 773-572-5500

Deaf & Hard of Hearing Voice Phone: 773-537-3341

Videophone: 773-886-1182

Services and resources for serious mental illnesses and substance use disorders affecting youth, young adults, veterans, young mothers, deaf, and those experiencing homelessness.

Thresholds

# MENTAL HEALTH - GENERAL INFORMATION

#### **Addiction Center**

Resource guide and information addressing the relationship between mental health and addiction.

<u>Addiction Center | Everything You Need To Know About Drug Rehab</u>

<u>Addiction Center | Dual Diagnosis: Mental Health and Addiction</u>

# **Anxiety and Depression Association of America (ADAA)**

Resources for the prevention, treatment, and cure of anxiety, mood disorders, OCD, and PTSD to improve the lives of people through education, practice, and research.

ADAA | Anxiety Disorders and Depression Research

#### **Best Colleges**

College guide for students struggling with mental illness / psychiatric disabilities who need the full support of their learning community.

Best Colleges | College Guide for Students with Psychiatric Disabilities

## **Beyond OCD**

Education, resources, websites, and helplines for individuals with OCD, their family members, and treatment professionals.

Beyond OCD | OCD Information and Resources

#### DrugRehab.com

Information and support for people fighting substance abuse and addiction to learn about the illnesses and understand how to treat them.

DrugRehab | Co-Occurring Disorders: Addiction and Mental Illness

DrugRehab | College Drug Use, Drinking on Campus & Addiction in Students

#### **Jed Foundation**

Organization dedicated to promoting emotional health and preventing suicide among college and university students.

The Jed Foundation

#### **ULifeline – Jed Foundation Project**

Anonymous, confidential, online resource center where college students can search for information regarding emotional health.

ULifeline | Mental Health Resources for College Students

# OAK POINT CAMPUS RESOURCES

#### Campus and Public Safety - Chicago

Contact Sts. Mary & Elizabeth Medical Center Security via:

- A campus or hospital phone by dialing 1111
- An external phone by dialing 312-770-2457
- Or dial 911

#### Campus and Public Safety – Oak Brook

• Dial 911

#### Counseling & Wellness Services (CWS)

Susan Siokos, EdD, LCPC, BC-TMH

Licensed Clinical Professional Counselor, Board Certified-TeleMental Health Provider™

CWS Office: 6s31 (Chicago) // 1314 (Oak Brook)

Phone: 630-537-9853

Email: susan.siokos@oakpoint.edu

General questions and scheduling: <a href="mailto:counseling@oakpoint.edu">counseling@oakpoint.edu</a>

Counseling & Wellness Services (CWS) has provided this list for your convenience only. The list is not intended to be a comprehensive and complete listing of all services in the area. The office does not endorse or recommend any specific organization, facility, or program. For more detailed information, please contact the agency or organization directly. Remember that the material contained in any of the websites listed is not necessarily regulated or peer reviewed.