A rich past. An even brighter future. Resurrection University Alumni Magazine Fall/Winter 2017 The history of ResU is the story of people like you. Jacinta '13, MSN, RN



As another Fall semester begins, I reflect back on all that we have accomplished this past year, and all that we look forward to in the coming year.

We are a University focused in the health sciences. That means we are responsible for providing quality education in one of the fastest-growing — and one of the most important — sectors of the economy, healthcare. We recognize that it's our duty to ensure that the next generation of healthcare professionals are well-rounded, capable individuals who will lead and become the impetus for positive change in all areas.

It's our goal to continually work to provide educational programs that fit the needs of the changing healthcare landscape. With this in mind, we are elated to officially welcome the first Doctor of Nursing Practice cohort to the University this Fall semester.

We are also working to provide our students with even greater learning opportunities outside the classroom. As you'll read in this issue of *Reflections*, our students are finding opportunities of value through the addition of Honor Societies, collaborations with organizations such as Catholic Charities, through Service Learning opportunities (both locally and internationally) and through clinical learning experiences such as the Dedicated Education Unit (DEU) at Holy Family Medical Center (along with those at various other Presence Health locations).

Our DEU pilot site at Holy Family Medical Center has been such a success that it's been awarded the National Association of Long Term Hospitals (NALTH) 2017 Goldberg Innovation Award! Not only are our students getting the opportunity to learn in these DEU sites, but they're also getting to work alongside some of our ResU alumni who are on staff at these locations.

With the addition of a few new roles at the University, the Director of Mission and Ministry and the Director of Institutional Research, we continue to focus on improving the educational experience for our students and quality improvement in all we do.

We've accomplished a great deal this past year, but as always, our best is still yet to come.

Therese A. Scanlan, EdD

President, Resurrection University

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RESURRECTION UNIVERSITY COLLEGE OF NURSING & COLLEGE OF ALLIED HEALTH

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As we continue to grow, it's important to remember our history, our traditions and our values.

With over 100 years of history, we have a lot to celebrate. That's why during Founder's Week we proudly unveiled our new Memorabilia Display. Located on the first floor, across from the library, the display is designed to give people a glimpse into the rich history of the University. Artifacts represent each area of study — Nursing, Health Informatics & Information Management, and Radiography.



The display includes mint condition, West Suburban Hospital School for Nurses uniform dresses that represent a remarkably different era for nursing. Each program is represented with the top shelf featuring Health Information Management textbooks used in the HIIM Program, including a recently published book by ResU's Dr. Merida Johns, Director of the HIIM Program. The second shelf focuses on the Radiography program and includes X-ray technique textbooks, a model skull and a vintage black-and-white photo of an instructor and a student from the Saint Francis School of Radiography. The bottom shelf includes nursing pins and a copy of the Nurses' Oath, which reflect a time-honored custom in the Pinning ceremony. The display also features a Holy Bible, a Cross and a vinyl record of gospel music performed by the West Suburban Hospital Student Nurses Choir.

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Resurrection University Mace and Chain unveiled during the Presidential Inauguration of Dr. Scanlan on Saturday, February 25.

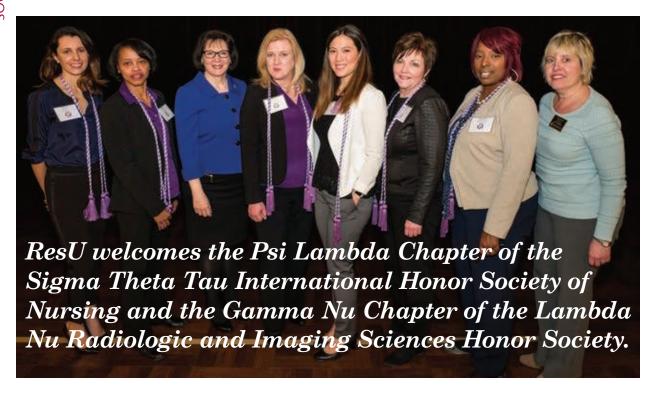
Historically, the mace is a symbol of authority dating from medieval times when knights carried them during processions with their kings. As the tradition grew, the mace became a ceremonial symbol of peaceful leadership, embellished with jewels and metals. Today, a university's mace is a symbol of authority and is carried before the president or chancellor during commencement, inaugural and other academic ceremonial processions. The Resurrection University Mace features the Resurrection University Seal at the topmost point of the staff. Silver rings circumscribe the body of the staff, reflecting the University's variations of names and affiliations throughout its 103-year history. From top to bottom, the rings read: Resurrection University, Saint Francis School of Radiography, West Suburban College of Nursing, Concordia-West Suburban College of Nursing, West Suburban Hospital School of Nursing, Wheaton College-West Suburban Hospital School for Nurses, and West Suburban Hospital School for Nurses.

For centuries, ceremonial Chains of Office have honored the highest officials of educational institutions. Chains of Office are an important expression that honor the history and proud traditions of a university or college. The Resurrection University Chain of Office was conferred for the first time during the Inauguration of Dr. Therese A. Scanlan. At the highest part of the chain, the two University Colleges, the College of Nursing and the College of Allied Health, are represented, one on each side. Following the Colleges are the

University's five core values, Compassion, Accountability, Respect, Excellence and Service, each engraved on a silver panel. Dr. Therese A. Scanlan's name presides just above the larger medallion that hangs from the bottom of the chain, which features the Resurrection University Seal.

The Resurrection University Mace and Chain will be used in all official University functions for years to come.





Resurrection University is proud to announce that the ResU Nursing Honor Society was officially accepted as a chapter of Sigma Theta Tau International (STTI) Honor Society of Nursing. The newest members of the Psi Lambda Chapter were inducted on Friday, March 10. Cathy Catrambone, PhD, RN, FAAN — Associate Professor, Rush University College of Nursing and President of Sigma Theta Tau International, Honor Society of Nursing — was in attendance as the chartering officer.



The mission of the Psi Lambda Chapter of Sigma Theta Tau International is advancing world health and celebrating nursing excellence in

scholarship, leadership and service. Students are invited to the honor society based on their grade point average, rank in the top of their class and completion of half of their nursing courses in the undergraduate program or one quarter in the graduate program. Community members who are invited must be a nurse leader and a registered nurse, with a minimum of a baccalaureate degree or the equivalent in any field. They must be nominated by the Governance Committee of the honor society and must have demonstrated achievement in nursing.

To learn more, visit the Psi Lambda Chapter website: thecircle.nursingsociety.org/psilambdachapter/home

The Saint Francis School of Radiography has begun its initial chapter of the Lambda Nu Radiologic and Imaging Sciences Honor Society with the first graduating cohort of the Bachelor of Science in Imaging Technology. The chapter was officially recognized on Thursday, March 30, of this year. The School of Radiography chapter is Illinois Gamma Nu. Alumni Jennifer Beese '17, Roger Quach '17 and Melissa Youkhana '17 are the founding members. Membership to Lambda Nu is by invitation from the local chapter in accordance with the chapter's bylaws. Lambda Nu is committed to fostering academic scholarship at the highest academic levels, promoting research and investigation in the radiologic and imaging sciences, and recognizing exemplary scholarship.

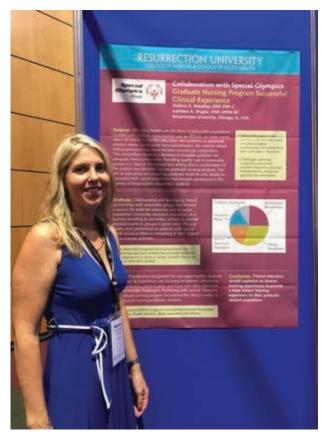
To learn more, visit the Lambda Nu website: lambdanu.org

Melissa Murphey presents at Sigma Theta Tau International's 28th International Nursing Research Congress.

We really do have remarkable people at ResU. Melissa Murphey, DNP, NP-C, Assistant Dean, Graduate Programs in the College of Nursing, a community member of the Psi Lambda Chapter of Sigma Tau International, traveled to Dublin, Ireland, in July to present her research titled "Collaboration with Special Olympics: Graduate Nursing Program Successful Clinical Experience" at Sigma Theta Tau International's 28th International Nursing Research Congress.

Melissa's research focused on the challenge of obtaining healthcare for those in vulnerable populations coupled with multiple comorbidities. Vulnerable populations include those patients with developmental and physiological impairments, such as Down syndrome.

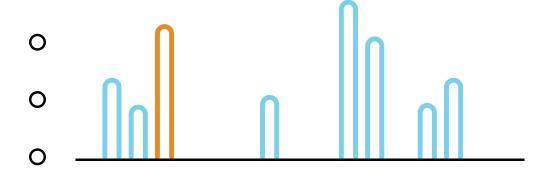
Providing quality care to vulnerable groups (i.e., Special Olympians) in a setting that is comfortable for the patient was identified by our graduate nursing program. The aim at educating and preparing graduate students who would be successful with varied experience had become paramount in the journey of Resurrection University's students. As a result, University educators embarked on a journey traveling to secondary schools to provide physical exams to



groups in great need. Two doctorally-prepared nurse practitioner-led clinical groups were started to give students the opportunity to learn a variety of skills that prior clinical sites often lacked. Physical exams were performed on patients with special needs, assisting them in competing in their desired extracurricular activities (Special Olympics).

Practitioners recognized the rare opportunities students would have to experience care focusing on patients affected by Down syndrome, cerebral palsy and those who were otherwise developmentally challenged. Educating caregivers and patients on the importance of exercise and proper nutrition led to further enrichment and understanding of risks associated with obesity. Partnering with Special Olympics, our graduate nursing program broadened the clinical residency experience of nurse practitioner students.

Through Melissa's research, the hope is that more clinical educators will capitalize on diverse learning experiences to provide a more unique learning experience for their graduate student population.



ResU HIIM students evaluate 4½ years of Medicaid re-admission rate data and find surprising results.

We recently sat down with John Hixson, Director of PQI & Data Analysis, for Senior Services, Catholic Charities, to talk about the importance of a project involving ResU Health Informatics and Information Management (HIIM) students.

What were the ResU HIIM students tasked with for this project?

HIIM students Bianca De La Rosa and Flora Moy assisted Catholic Charities Senior Services by reviewing four-and-a-half years' worth of data we collected internally through our study with Centers for Medicare and Medicaid Services (CMS). The goal of the CMS project was to learn what hospitals could do with assistance from a third party to help lower re-admission rates between 10 of the high categories of re-admitters for Medicaid.

What was the goal of the data collection/analysis?

For Bianca, it was to have a second set of eyes review all of the data previously collected and aggregated. For Flora, it was to extract as much good information as possible from the 32 Quarterly Monitoring Reports that were sent over the four-and-a-half-year period and create tables and graphs of the information for review.

What were the final results of the data, and how did this information assist Catholic Charities?

Bianca created a second set of data tables that were used to compare against the tables I originally created. After reconciling inconsistencies in the data, Flora imported it into her project and created a worksheet of all of the tables and charts in the 32 Quarterly Monitoring Reports that Catholic Charities received. This led to the discovery of our current 12.58% re-admission rate. We initially thought we had made a reduction in re-admission rates from 26.5% (before our services) to 14.5% (with our services) across the four hospitals that were in our group. However, the data that Bianca and Flora compiled showed that we actually reduced it further to 12.58%.

How did the collaboration assist the students?

The students learned a lot about themselves and different ways to approach a problem. You should never be afraid of what you don't know, because you will learn it. Data can be a lot of fun and a great career choice.

What was the best part of this project?

The enthusiasm of the students to learn was the best part. The students made visible strides throughout the process, and by the end of the project, they felt both comfortable asking questions and providing their own point of view when it differed from my own. They both showed tremendous growth in their time working with Catholic Charities.

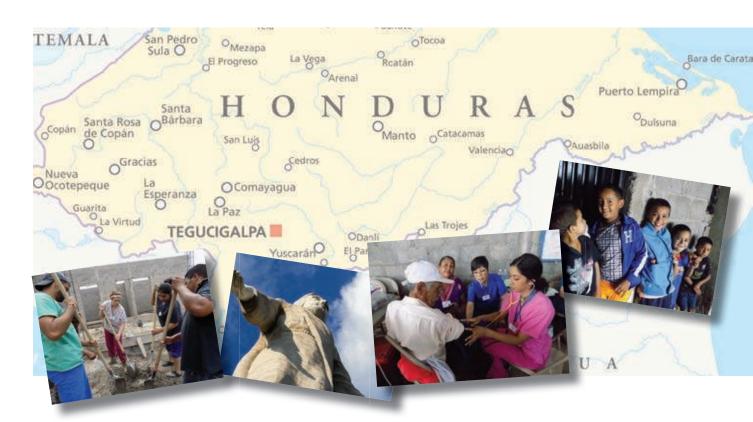
What was the best part about working with ResU students?

I enjoyed showing the students how to utilize their skills in real-world problems. When a problem arose that they could not resolve right away, they researched what they needed to learn and then applied it to our project. I hope this helps them in understanding that learning is never over and will always be a part of their careers.

"Since starting the HIIM program, I was eager to witness the real-world application of health information technology first-hand. My time at Catholic Charities has provided a glimpse into my future career and the different potential avenues I can pursue upon graduation. Working with someone as knowledgeable and exuberant as Mr. Hixson was a truly enjoyable experience."

- Bianca De La Rosa, HIIM Student

ResU partners with World Gospel Outreach to help the people of Honduras.



Our Service Learning trips always touch many lives — including our own — however, we think it's important to share just how much is accomplished.

During our trip to Honduras in April this year, a medical clinic was set up for two days each at two different small churches in poor neighborhoods in and around the capital city of Tegucigalpa. Before our arrival, local churches informed the community of the upcoming clinic, preparing their facility, helping with registration, guiding the crowds and welcoming people to their church. Hondurans stood in long lines — often for hours in order to obtain free medical, free optical or free dental care — but there were no complaints. Their gratitude was overwhelming.

During the Service Learning trip, our students and faculty made a difference for hundreds of people in hundreds of different ways. And as we hear time and time again, they returned home as better healthcare professionals and as better people because of the experience.

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Jillian's Service Learning trip to Honduras was a life-changing event.



As a recent Saint Francis School of Radiography graduate, Jillian Rubino '17 knew she wanted to go on a service learning trip. As she said, "I knew I wanted to go even before I became a student." As it turned out, the trip was everything she expected and much more.

"When I got there, I was shocked by how much we have in the United States.

It's a totally different world. I wanted to reach out and offer hope, and that's exactly what I did." Jillian recalls two memorable experiences from her trip. The first was simply holding babies.

"I was amazed that women with babies will hand them to you. I was asked to hold one baby and ended up holding her the entire day. When they saw me the next day, I got to hold the baby all over again all-day long."

The second experience that stood out was more serious. "A woman came to us with depression. She had a daughter die at childbirth and soon after lost her husband and son. It was the one-year anniversary when we were there. I believe we really changed her life. We helped her."

Jillian was a little nervous about going on the trip, but would definitely do it again. "I was scared to go to another country. I thought it might be dangerous. We left our electronics and we were literally off the grid. What got me the most was how happy people are — no one complained about the waiting. I felt a little out of place as an X-ray Technologist, but I got to do a lot."

Jillian's advice to students who are thinking about a Service Learning trip is straightforward. "Just go for it! Even if you're not a nurse or you're just starting out. You'll be amazed at the difference you RESU SERVICE LEARNING 20 can make. Have an open mind and be ready for everything. These trips touch everybody!"

For more information about upcoming Service Learning opportunities, please contact Nancy Reese, DNP, RN, CNE, Assistant Dean, Curricular Initiatives in the College of Nursing, at Nancy.Reese@resu.edu

A serious illness was the end of her nursing career and the start of something amazing.



"Life never turns out the way we have it planned when we graduate. Embrace twists and turns, and the road can become exciting." For Alice Teisan '84, Resurrection University is almost a family tradition. Family ties go all the way back to the Wheaton College and West Suburban College of Nursing affiliation, where she followed in the footsteps of her aunt, Martha Waterlander Teisan (1955). After graduating from the West Suburban College of Nursing (1984) and starting her nursing career, Alice also started a life-long battle with ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome). After a decade, the illness finally forced her to retire from nursing.

As it turns out, one career may have been ending, but her true life's calling was just beginning.

Alice met a couple from Tanzania and asked how her church could help with the mission and charity work in that country. To her surprise, they said, "bikes." Transportation is an enormous challenge in Tanzania, and just being able to get around would be a tremendous benefit to workers and the communities they served.

Although Alice was only earning \$400 a month working part-time as a receptionist in a dental office, she donated \$1,200 to help buy bikes.

It was then she realized that she could make an enormous impact one bicycle at a time. As she likes to say, "The Lord challenged me." And she responded. "Providing a tool to help people help themselves was my calling. It was born out of a nine-week vision while I was on a student missionary project in Zimbabwe." The next year Alice was able to buy five bikes and five locally made, hand-pedaled three wheelers (affectionately call trikes) designed for people with lower extremity disabilities. The bikes and trikes were donated to people in need in Nigeria.

A life-long cycling enthusiast, bikes and trikes were a perfect fit for Alice. By the age of thirty, when she was struck with ME/CFS, she had already biked over 10,000 miles on four continents and coast-to-coast across the United States — twice.

In May 2005, Alice founded His Wheels International (HWI), a 501(c)(3) not-for-profit focused on providing bicycle transportation for those in need in African countries. After starting HWI, Alice attended a meeting with business people who were committed to making a difference in Ethiopia. After showing the attendees a picture of the Nigerian trike, an ex-pat from Ethiopia stated, "We need these trikes throughout Africa." For Alice, another dream was born. "I decided to take a welding class so I could build trikes." Alice stated. "Instead, I met Kevin Nikolich and fortunately for me, Kevin offered to design, build and pay for the trike prototyping."

His Wheels International started as a dream and now has a multi-discipline trike design team that includes engineers, nurses, physical therapists, occupational therapists, doctors, surgeons, kinesiology specialists and cycling enthusiasts all committed to continuously improving the design of their trikes.

Since 2005, HWI has designed 22 different hand-pedaled trike prototypes, completed three small trike production runs and designed manufacturing fixtures. Of the 120 HWI trikes that are currently in twenty-two countries, twenty trikes were built locally both in North

Africa and in India (at a Vocational Technical School), and another fifteen were welded together at a hospital in Ethiopia. HWI also delivers trikes as three-dimensional blueprints which are trike components sent unassembled so organizations can explore the possibility of building trikes locally. All of this has been done through HWI's growing global partnership network.

In addition to being the Founder and Executive Director of His Wheels International, Alice is the author of *Riding on Faith: Keeping Your Balance When the Wheels Fall Off* and her most recent book, *Pray 10K: How the Radical Can Become Real a 10,000-Hour Prayer Adventure.*

Alice sums up her journey simply: "Life never turns out the way we have it planned when we graduate. Embrace twists and turns and the road can become exciting. I continue dreaming and fulfilling my goals despite ME/CFS."

To learn more about His Wheels International and to support their efforts, visit hiswheels.org

From Marketing and Advertising to Nursing and Leading, Jacinta's ResU journey is quite a journey.

As an undergraduate student at the University of Illinois at Urbana-Champaign majoring in Kinesiology, Jacinta Staples '13, MSN, RN, enjoyed working with the Illinois Athletic Department. Naturally, when Soldier Field was being renovated and the Chicago Bears came to U of I, she started working with them as well.

The Bears offered her a job, and after graduation she spent eight years with the team and three years handling Marketing and Advertising duties — focused on corporate sponsorships. While she enjoyed the work, Jacinta knew she wanted to go back to a role in healthcare. When a position opened with the Sickle Cell Blood Donor Program, she jumped at the opportunity.

Using her Marketing and Advertising skills, Jacinta reinvented the program and discovered she wanted to know more about the disease from a clinical perspective. Soon after, she enrolled in Resurrection University's College of Nursing.

For Jacinta, the flexibility of class schedules was ideal. "ResU fit my schedule. I could work full-time during the day and attend classes at night and on weekends to earn my degree. ResU was the only school with an Evening/ Weekend program."

After earning her BSN from ResU, Jacinta became a nurse at Ann & Robert H. Lurie Children's Hospital of Chicago within the Hematology / Oncology / Stem Cell Transplant practice. She also became the President of the Greater Illinois Black Nurses Association. "I worked with the Student Nurses Association at ResU and was always interested in professional organizations. You can gain so much new knowledge and expertise, and networking is huge." Jacinta added, "We reach out to nursing students and offer service opportunities. We also connect with other organizations. In fact, we were able to connect with the Bears and now help support their charity Bears Care."



"I could work full-time during the day and attend classes at night and on weekends to earn my degree."

"There are so many different areas of nursing to pursue—clinical and non-clinical. There's just so much you can do with nursing."

Jacinta is living proof.



ResU continues to grow. We also continue to search for ways to improve — our programs, our student experiences, our academic reputation and literally everything in between. That's why we've created a new position at the University — Director of Institutional Research.

Laurie Zack, MSN, APN, FNP-BC, LPC, brings vast experience and tremendous energy to this new role.

"My job is to oversee accreditation and compliance. We have accrediting bodies for higher education for each of our University programs," Laurie stated. "I also oversee Academic Quality Improvement and all Quality Improvement projects. We collect data from all over the University to make sure our programs are effective."

"Accreditation is becoming more and more important—and more rigorous. My job is to make sure we meet the standards set by the accrediting bodies. We're meeting all of the standards currently, and we're committed to improving."

Laurie continues, "Accreditation means we're trustworthy and not fraudulent. We look at a variety of measures to make sure we're meeting our institutional and educational goals, including complex matrices with benchmarks, identified goals and student outcomes. These may involve student surveys, coursework

completion rates, GPA values, exam pass rates and licensure. We also benchmark against the entire nation. If we find a deficit, we make changes to fix it. That's why we now have evening hours. Students said they needed access to services in the evening, so we made changes to improve. We also added a web-based interface to make it more convenient for both our traditional and online students to access services."

"The sheer volume of data we collect is overwhelming and in a way surprising. My job is to transform that data into something we can use because data alone doesn't give us the complete picture. It doesn't tell you about satisfaction and learning. For example, data may tell you about learning outcomes but not give you information about student satisfaction. And data that gives you information about student satisfaction may not give you information about quality of learning. The importance of this new role is being able to work with many different areas of the University to understand how we can enhance the whole student experience. Student experiences can be very siloed — this role breaks down the silos."

"We want ResU to be the best environment for your success." With Laurie leading the way, we're confident that we will continuously improve and make our University world-class in every sense of the word.

DEU at Presence Holy Family Medical Center earns 2017 Goldberg Innovation Award from the National Association of Long Term Hospitals.



The Presence Holy Family Medical Center & Resurrection University Dedicated Education Unit (DEU) was awarded the National Association of Long Term Hospitals (NALTH) 2017 Goldberg Innovation Award. The award was presented on April 20 during the NALTH 2017 Spring Clinical Education & Annual Meeting in San Antonio, Texas. Nancy Reese '96, DNP, RN, CNE, Assistant Dean, Curricular Initiatives in the College of Nursing at ResU, managed the DEU pilot for the clinical education model and was in attendance at the annual meeting to accept the award. The Goldberg Innovation Award is given to one recipient each year in recognition of an innovative process or technology that supports long-term care hospitals.

What's a Dedicated Education Unit? A DEU is a unique instructional model where a nursing college (Resurrection University) and a healthcare delivery system (Presence Holy Family Medical Center) work collaboratively to provide students with immersion clinical experiences.

The DEU model pairs two nursing students with a staff nurse (i.e., clinical instructor) to form a triad. This triad works together to support the patient care assignment of the clinical instructor. Resurrection University faculty work directly with the staff nurses and unit management to support best practices, outcomes management and unit-based research designed to ensure continuous quality improvement. ResU also offers mentoring and support to improve the staff nurses' abilities to provide quality education to the students paired with them.

According to Debra Ayanian, Chief Nursing Officer at Holy Family Medical Center, "By working in a DEU students see what interdisciplinary truly means. The best part is students help educate our associates about how we can move our metrics. We get a fresh set of eyes, fresh ideas and we learn from the students. We want to hire students coming out of the DEU program — they're fantastic. The DEU is like a six-month interview, and the quality of the people from ResU is incredible. The DEU is successful because we technically created a training area for students and a retention tool for current staff."

Shijy Alex, Director of Clinical Operations at Holy Family Medical Center, explained the keys to success of the DEU: "Working with associates who have great attitudes and motivation is a morale booster. Attitude and engagement plays a vital role when leaders propose projects and begin to hold everyone accountable for successful implementation. When we started the DEU, the commitment and level of encouragement from the whole team was amazing."



The impact of the DEU has been impressive to say the least...



Shijy Alex (right), Director of Clinical Operations at Holy Family Medical Center

Student Evaluations: A comparison of students assigned to the DEU with those outside the DEU was used to determine the overall satisfaction and perceived confidence in the clinical setting. Results demonstrated higher satisfaction rates, improvement in completion of coursework and higher student confidence levels. Examples include taking the lead on unit projects, post-event huddles and transition of care communication among clinicians.

DEU Partner Evaluations: Clinical Instructors (CIs) were surveyed for job satisfaction, satisfaction with the DEU model, impact on professional development, and perceptions regarding changes in interdisciplinary collaboration, teamwork and professional environment. They reported feeling supported by the Clinical Faculty, happier in their jobs and more challenged by their jobs. They felt they have continued to grow professionally since becoming a CI and are proud to be a part of the DEU. Nurses working on other units have expressed an interest in becoming CIs, and those with associate degrees have expressed an interest in going back to school for the baccalaureate degree. Many expressed personal pride in watching students gain competency in skills and increased confidence. Facility data regarding nurse turnover and cost benefit of the project was calculated annually. Nurse turnover went from 18 in 2015 to 9 in 2016 (50% reduction).

During 2016 we also saw noteworthy beneficial impact to the hospital as evidenced by the overall improvement in RN retention, decreased hospital acquired infections and decreased patient safety incidents. This includes Central Line Associated Blood Stream Infections (CLABSIs), Catheter Associated Urinary Tract Infections (CAUTIs), Clostridium Difficile (C-Diff) and Falls with Injury.

End-of-year results:



CLABSIs (Central Line Associated Blood Stream Infections) in 2016 were decreased 42% from **2015**, 31 healthcare acquired CLABSIs in 2015, and 18 healthcare acquired CLABSIs in 2016.



CAUTIs (Catheter **Associated Urinary Tract** Infections) in 2016 were decreased 27% from **2015**, 33 healthcare acquired CAUTIs in 2015 and 24 in 2016.



C-Diff (Clostridium Difficile) decreased by **16% from 2015**, 38 HA CDI in 2015 and 32 in 2016



Falls with Injury: Decreased from 4 in 2015 to 0 in 2016 on the Dedicated Education

With the success of the DEU, plans are in the works to add more units. According to Debra, "We're looking to have a whole floor — we want to add DEUs in more units. The issue isn't that we want to do it, it's figuring out the best place for the students."

Credit for the Goldberg Innovation Award goes to the students who participated as well as to the entire team at Presence Holy Family Medical Center.

Yolande Wilson-Stubbs President, Presence Holy Family Medical Center (PHFMC)

Chief Nurse Officer — PHFMC Debra Ayanian

Heather Murphy Regional Lead Quality and Patient Safety — PHFMC Kathy Hollich Quality and Patient Safety Specialist — PHFMC

Shijy Alex Director of Nursing — PHFMC

Regina Lynch Manager, Dedicated Educational Unit — PHFMC

Assistant Dean, Curricular Initiatives in the College of Nursing — Nancy Reese

Resurrection University

We are truly blessed to have alumni who are actively involved with our University and our Community.

PAST ALUMNI EVENTS AND ACTIVITIES

- Thinking Out Loud: Men in Nursing April 8
 Many of our alumni came back to speak with
 prospective students at our annual Men in
 Nursing event. Thank you to the panelists:
 Andrew Babochay '14, Ian Bonador '09 &'14,
 Zain Rehman '10, Chauncey Incarnato '14,
 Daryl Castillo '07 and Nathan Lunt '13.
- Art of Nursing May 8-11
 This year during Nurse's Week, the ResU Alumni Association was pleased to offer The Art of Nursing, a series of recorded interviews with some of the nation's top nurse educators, free of charge to alumni and faculty members. We are happy to report that more than 55 alumni and faculty participated this year and received continuing education.
- Tuesday Supper with Catholic Charities May 9
 Alumni Guinevere Brent '17, Jessica House '17,
 Maria Martinez '09 and Heather Ryan '16
 volunteered at the Catholic Charities' Tuesday Night
 Supper to Feed the Homeless. The Tuesday Night
 Supper Program provides a delicious and nutritious
 meal to 130 guests every Tuesday night. During dinner,
 those in need can sign up for other life-enhancing
 services, including counseling and transportation to
 homeless shelters or addiction programs.
- Healthcare Professionals Day at Wrigley Field –
 May 16
 Alumni and their guests joined us for Healthcare
 Professionals Night at Wrigley Field for the Chicago
 Cubs vs. Cincinnati Reds game. The event was sold out. View more photos on our Alumni Facebook page: facebook.com/resualumni
- Essentials to Critical Care Skills Day May 20
 Alumni attended this Critical Care Skills day to learn more about ventilators, chest tubes and suctioning.

 ResU Assistant Professor Laura Domagala was the content curator and facilitator for this event, and alumni Nancy Reese '96 and Carina Piccinni '11 assisted with the hands-on portion of the skills event.

Phil's Friends Community Event — June 10
 Students, alumni, faculty, staff and their families volunteered at Phil's Friends to help make care packages for cancer patients. Thank you to ResU Alumni Association members Jennifer Beese '17, Nancy Reese '96 and Maria Martinez '09 who attended.



UPCOMING EVENTS

Visit resu.edu/alumni-friends/alumni-events for event details

September 2017

Alumni Boat Cruise – Thursday, September 21, from 5:45 to 7:45 pm

1st Alumni Boat Cruise – Wendella Boat, Beer & BBQ Cruise. Join the ResU Alumni Association for unlimited samplings of beer by Off Color Brewery and a BBQ meal by Sweet Baby Ray's while cruising beautiful Lake Michigan and the Chicago River.

October 2017

Tuesday Night Supper with Catholic Charities (Feeding the Homeless) – Tuesday, October 10, from 4:30 to 6 pm

The Tuesday Night Supper Program provides a delicious and nutritious meal to 130 guests in need every Tuesday night.

EKG Skills Day – Saturday, October 14, from 9 am to 1 pm

This skills day will prepare attendees for caring for patients being monitored for cardiac dysrhythmias. It will include anatomy and physiology of the conduction system, identification of basic dysrhythmias and the corresponding treatment modalities. Practice interpreting EKG strips will facilitate application to clinical situations.

Venipuncture and Central Lines 101 Skills Day — Saturday, November 4, from 9 am to 1 pm This skills day is for those who are interested in reviewing IV therapy. We will focus on concepts, techniques and best practices. The hands-on Sim Lab portion will allow for practice with Peripheral, IV access and insertion and access and maintenance of central lines, including ports and PICCs.

If you are interested in participating in our upcoming events, please visit resu.edu/alumni-friends/alumni-events to register or contact Vickie Thornley, Director of Development and Alumni Relations, at 773.252.5137 or Vickie.thornley@resu.edu

ALUMNI NEWS

ResU Alumna Florita DeJesus-Ortiz '16 Receives ILHIMA Huffman Award



In April, alumna Florita DeJesus-Ortiz '16 was announced as the recipient of the Illinois Health Information Management Association (ILHIMA) Huffman Award 2017. The Edna K. Huffman Award recognizes an outstanding senior student from each Illinois accredited program. Florita (right) is pictured here at the awards ceremony with Theresa Jones, MSEd, RHIA (left), Assistant Director of the Health Informatics & Information Management Program (a recipient of the Illinois Health Information Management Distinguished Member Award), and Patty T. Sheridan, MBA, RHIA

(center), the ResU Board Chair and Senior Vice President of HIM Services for CIOX Health.

Alumnus Chauncey Incarnato Featured in Chicago Tribune

In June, Alumnus **Chauncey Incarnato '14** was featured in the *Chicago Tribune* article, "As workforce bleeds men, health care jobs could be key to keeping them employed." The article discusses how traditional job roles for men are changing and how the fastest-growing jobs in the U.S. are in healthcare. This opens up doors for more men to consider careers in nursing, a field traditionally dominated by women.

Alumnus Sam Lee '16 Saves Life

It's always rewarding to hear about our alumni making a difference. One in particular, **Sam Lee '16**, of Presence Saint Francis Hospital, recently helped save the life of a stranger while off duty at a conference in April. He noticed a conference attendee who didn't look very well and insisted she seek medical attention. The woman initially brushed off Sam's concerns as she figured she was just suffering from the flu, but thankfully she eventually agreed. It turned out that she was suffering from diverticulitis, and her situation was worse than she knew. Sam's quick thinking and persistence led to the woman being taken by ambulance to the hospital and receiving the emergency care she needed. His story was featured in an issue of the *Emergency Nurses Association Connection* magazine.

Distinguished Alumni Award 2017

Thank you to those who nominated an alumnus for the 2017 Distinguished Alumni Award. We are excited to announce this year's recipient at the Alumni Boat Cruise Event on September 21. We hope you can join us!

Past Outstanding Alumni Awards were given to: Betty Johnson '52, Andrea Propst '69, Grace Tazelaar '70, Shelley McGhee '84, Tamara Bland '10, Adrianne Kajmowicz '10.

DEVELOPMENT

Development Dollars in Action

vSim Pilot Project

The University recently implemented the vSim pilot project, an online simulation program for Obstetrics (OB) classes to complement the hands-on portion of clinical, thanks to a generous donation from the Fogelson Family Foundation. vSim provides a unique learning opportunity for nursing students to interact with a patient in a safe, realistic environment that is available anytime, anywhere. vSim is based on the theory of deliberate practice, engaging students with the opportunity to repeat an activity continually to achieve mastery.

Since its implementation, 36 students were able to use vSim to supplement their OB clinical this past term. The team of experts who helped roll out this pilot project included the OB faculty at ResU, with

Catherine Williams, MSN, RNC-OB, as the lead, along with support from Anne Costello, MSN, RN, CHSE, Director, IPE Simulation Center.

Praise for the program has come from both student and faculty. "I have been so pleased with the opportunity that vSim offers our students. I have received very positive feedback from my clinical group. It's wonderful to be able to offer them something that simulates an actual clinical scenario. This allows them to use their decision-making and critical thinking skills. So much better than researching and writing an alternative assignment," said Julie Duff, MS, APRN, WHNP-BC, CNE, Assistant Professor.

The tremendous success of the vSim pilot program has resulted in the future recommendation of vSim to supplement clinical learning in Pediatrics.



Thank You for Your Generous Donations to the Alumni Scholarships

We wanted to share a few thank-you notes from students who received scholarship donations from alumni. If you are interested in making a donation in the future, please contact Vickie Thornley at 773.252.5137 or Vickie.thornley@resu.edu. You can also donate online at resu.edu/alumni-friends/give-a-gift/

"Dear Alumni, Thank you so much for the incredibly generous and humbling scholarship. I'm really at a loss for words, but I am so much more motivated to excel at being a nurse with the stress you have alleviated. Thank you so much!"

"Thank you so much for the Distinguished Nursing Alumni scholarship. As a student who supports herself, receiving this award makes a huge impact on my ability to pay for my final semester at ResU. My plan is to become a nurse practitioner, and you've helped me on the way to achieving that goal. THANK YOU!"



A new role within Mission & Ministry brings all-new possibilities for students.



Meet John DiMucci, MA. John joined Resurrection University this April as the new Director of Mission & Ministry, which is a brand-new role at ResU. John has always had an interest in ministry and describes himself as a "Catholic Lifer" — from elementary school through college through his current role — he has always been a part of Catholic education.

According to John, "Mission and Ministry allows me to pass on to others and create a holistic experience. I see Mission and Ministry as a department with two overlapping roles. The Mission piece speaks to the entire University — students, faculty, staff and administration — and to our identity as a Catholic institution. It's about who we are and what makes us different from other schools. It's about forming a culture that upholds our values. It asks important questions. What is the context in which we educate a student? What kind of experience do we provide — is it formative to them as a person and as a professional? Do they leave ResU with an understanding of self that allows them to grow in values that have a "flavoring of Catholic values" — regardless of their own faith tradition or no tradition at all?"

"The Ministry piece is the services and activities that we provide to, for and with students as well as faculty and staff. We do this in four general ways: Religious Education, Prayer and Liturgy, Service, and Retreats and Reflection."

John plans on spending a lot of time out of his office working directly with students. He adds, "The plan for the upcoming school year is to begin to roll out programs that will engage students. We're introducing community service opportunities, interfaith education and dialogue, opportunities for prayer (Catholic and interfaith), faithbased leadership, and of course social activities that invite students to get to know us."

John hopes that students and faculty will "enter into discussion on how we systematically bring on and train faculty and staff to share our core values and mission and value statements. To begin to look at our educational pedagogy and see how we form students not only as competent professionals of course, but as people who are able to reflect on the bigger meaning of life and their place in creating a more justice focused world."

John's goal is to create a culture where students become engaged because "they see value in what we as a Catholic-based institution have to offer to make their lives better and more meaningful. In the end, everyone wants their life to have meaning, so that is the offer."

Breaking new ground in a new role is always a challenge. John summed it up by saying, "Educating the community that being Catholic and dedicated to our mission is not the same as becoming exclusive or excluding people or becoming closed off to others. I tell students in orientation that Catholic monks started the first universities 1,500 years ago, so we have a long tradition of education. Monks educated anyone who came to them. Because we are Catholic and have a Mission we are a place for all people, and it's our job to challenge people to grow into their best self so that when they leave ResU, they leave as a person who will make the world a better and more just place."

Resurrection University

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Our Mission:

Resurrection University educates students to become healthcare leaders by cultivating a diverse learning community based on the Catholic tradition of faith, hope and healing.

Our Vision:

To be a learning community that thinks critically and embraces change, inspiring the next generation of healthcare professionals and leaders.

Our Core Values:

ResU C.A.R.E.S.

- **Compassion** fosters in us sensitivity to the spiritual, physical, psychological and emotional needs of every individual, inspiring each to find comfort and hope.
- Accountability calls us to responsible stewardship of the human and material resources/assets of the organization.
- Respect commits us to honor the diversity and dignity of each individual as a person created and loved by God and an inherently valuable member of the community.
- Excellence empowers us to do our best in all that we do as we work individually and collectively to meet the needs of those we serve as well as our co-workers.
- Service commits us to give of ourselves in order to respond appropriately to the needs of others.

RESURRECTION UNIVERSITY

